

Terrace Review

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TERRACE, B.C., WEDNESDAY, FEBRUARY 5, 1986

50 CENTS

Little hope left for soup kitchen

by Michael Kelly
TERRACE — The local soup kitchen was reviled from both the political right and left from the beginning.

The right called it a manifestation of communism and a collection of "welfare bums". The left said it was a makeshift band-aid for chronic social problems and an excuse for governments to avoid solutions.

It was regarded by the municipal council as an embarrassment to the community at a time when national television broadcasts depicted Terrace as a place with empty streets and plagued by unemployment and bankruptcy.

In spite of tacit disapproval from nearly every significant political faction here, the soup kitchen became an established, if controversial,

institution in Terrace for nearly three years.

Jo Buck has been the volunteer administrator of *Food for Thought* from its inception in September of 1982. In a recent interview she reflected on the structure and history of the organization.

Buck said, "There were lots of misconceptions about us — I think there still are. In fact, we were never associated with any political movement or religious belief."

"The soup kitchen is a registered society in conjunction with the federated anti-poverty groups. Meticulous records were kept of donations, expenses, number of meals served... everything," said Buck.

Food for Thought was originally an idea which emerged from the Northwest Study Conference

of 1982. It became reality through the efforts of the now-defunct Unemployed People's Committee.

"I was contacted by Flo Bork who solicited the start-up donations," Buck said. "I'm sort of shy and prefer to work behind the scenes, but it just turned out that I had the most experience in doing this sort of thing."

Food for Thought dished out its first bowl of soup in St. Matthew's Anglican Church hall during September of 1982. The operation moved to the Carpenters' Hall in February of 1984.

The kitchen closed for a summer leave in June of 1985.

"Some of the volunteers had been working full-time for one and a half to two years," Buck said. "We were getting pretty exhausted and we decided it was time for a break."

After two months they proposed reopening. The carpenters' union, however, issued a gentle, but firm, refusal.

continued p.2



Rockhound's Haven

For Terrace resident Kaye Ehse, happiness is a barrel of rocks; the more exotic and unusual, the better. See story page 12.

Outside

Date	HI	Lo	Prec.
Jan. 27	3	1	2.2cm
Jan. 28	3	1	.2cm
Jan. 29	2	-1	0.0cm
Jan. 30	2	-1	.4cm
Jan. 31	3	-1	0.0cm
Feb. 1	4	1	3.4cm
Feb. 2	5	0	1.2cm

Continuing mild with increased probability of precipitation. Conditions have been averaging 2 to 3 degree above normal for this time of year.

False Heart Fund canvassers in town

by Sherry Halfyard
TERRACE — Last week two teenagers driving a green pickup truck were reported to be illegally canvassing in Terrace claiming they represented the Heart Fund, said Heart Fund President Betty Campbell.

Local RCMP have been notified but have not been able to locate one false canvasser. Householders should look for the Heart Fund identification tag, Campbell said.

Canvassing by the Heart Fund will not begin until Monday, March 3.

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Terrace Twins

One way to tell seven-year-old Terrace twins Philip Robinson (left) and his brother, Peter, apart, is to read the names on their matching orange lunch buckets. The boys are outfitted in perfect wet-weather attire as they gumboot it through sloppy streets on their way to school.



Heart Fund drive postponed

Mayor Jack Talstra raises a flag in front of City Hall to declare February "heart month" in Terrace. Heart Fund president, Betty Campbell (front), publicity chairman Karen Enriquez (back left), and Chairman for Special Events, Lillian de Ballinhard, were on hand to watch the flag being flown. Heart Fund canvassers will postpone their drive until after the B.C. Winter Games. See story page 10.

Women's center responds to questions

by Keith Alford

The Terrace Women's Resource Centre has responded to a request made by Mr. and Mrs. Mark Ruelle to Terrace city council to have a municipal subsidy withdrawn from the centre "so long as it continues to support or participate in abortion counselling and referrals."

The Women's Centre is based in a municipally-owned house which it rents for \$1 per year. In return, both council

members and women's centre personnel point out, the centre has done major renovations to the building from funds raised elsewhere.

Centre director Pat Cathers said last summer thousands of dollars were spent to remodel their building's basement. It now has natural gas heating instead of oil. It has a large meeting room, complete with new fire door, available to other community groups, plus smaller

meeting rooms. A great plus to centre programs are facilities now available for mothers who need to bring their children along in order to attend centre gatherings. There is a diaper change room and facilities for babysitting in the remodeled basement. Cathers said the child-care facilities will be operated on a co-op basis.

Both Women's Centre members and some aldermen say the city got

the best of the deal financially on the \$1 per year rental.

Aside from the monetary aspect, the Ruelle's have raised the question of abortion counselling at the centre.

Cathers said the Women's Centre mandate is as a support service for all

women.

"We never mention abortion first," she said, adding, "we have a lot of mothers here." Cathers said the centre's standard is that women have choices for everything.

Cathers said the Women's Centre *per se* does not engage in abortion

counselling, however, the Terrace Pro-Choice Committee sometimes uses the premises for counselling as well as individual homes and then only when the women involved asks for it. It was the Pro-Choice Committee that placed the newspaper ad the Ruelle's objected to, said Cathers.

The Women's Centre attempts to tend to all of a woman's needs, the emotional, the spiritual and the physical. For Cathers that means women should not be denied the right to discuss abortion, which is legal in Canada, or anything else.

Little hope for soup kitchen



The Carpenters' Hall provided premises for the soup kitchen from February 1984 to June 1985.

from p.1

"They told us there was a feeling among the membership that they'd like to have their hall back," Buck said. "They were very reasonable — we're grateful they let us use the hall for over a year."

Buck also extended thanks to other labor organizations in the Terrace-Kitimat area. She said the BCGEU, CUPE locals, Kitimat-Terrace District Labour Council, CASAW, CPU and the Telecommunications Workers provided consistent support throughout the period of the soup kitchen's operation.

She also praised Terrace Safeway and Mountview Bakery as being "far and away our most generous corporate donors."

"The people of Kitimat were very supportive," she said, and cited a community food drive in October of 1984.

"It is perhaps worth noting that the Terrace municipal council of 1983 denied the soup kitchen permission to conduct a similar drive here," Buck said.

She also said many local individuals were consistent monthly donors to the soup kitchen. A number of these people, she added, were pensioners.

"Some of them would come by from time to

time and talk about their experiences in the '30s when there were breadlines and soup kitchens everywhere," she said.

Food for Thought, as the name implies, gave its clients a great deal more than simple nutrition. It served as a drop-in center for people who couldn't afford to go anywhere else, and it became a point of congregation for individuals of every imaginable social background.

Volunteer staff members and others provided advocacy services to casualties of the welfare system and counselling for victims of stress and depression.

Lunches were given to local school children on a daily basis, and videos were shown one Saturday per month complete with popcorn and fruit juices.

It appears doubtful that the soup kitchen will open again.

Jo Buck concludes, "The funding is still available and the need is still there. We've contacted every church, service club and organization that has a suitable facility for us to operate in. The answer was the same from all of them, 'We'll get back to you'."

They haven't, Buck said

Jackie's Column

THE MEAT OF THE MATTER

Q: My husband is a meat-and-potato man. He just doesn't believe that a meal is a meal without red meat. I'm afraid that it isn't very good for his health, but he won't believe me. Who's right?

A: Americans now eat record amounts of red meats. Unfortunately, along with meat comes large amounts of hidden fats, and fats contain more calories per gram than any other food. A combination of animal and vegetable

fats comprise nearly half of the calories in an average American's diet.

For example, a 16-ounce sirloin steak contains 1,316 calories, 71 grams protein and 112 grams fat. The same 16 ounces of halibut have approximately half the calories, 30 percent more protein and two-thirds less total fats! To lower consumption of animal fats, switch to lean sources of protein, such as fish, chicken breasts and tofu.



In the Terrace
Mini Mall
638-8380

Bridge to be closed

The Thornhill Creek Bridge on Highway 37, between Krumm Road and Creek Street closed on Monday, Feb. 3 for a two-week period, said highways district manager Ken Rensby.

We're rebuilding the deck and floor system using "ekki" wood. It's a very hard wood, ex-

plained Rensby. It's the same kind of material used on the Old Skeena Bridge in 1981, which to date, shows virtually no wear.

Thornhill Creek Bridge is expected to reopen on Saturday, Feb. 15. The cost of the project was not available at the time of press release.

Police

by Carrie Olson

On Sunday, Feb. 2, a Terrace youth was arrested and charged for possession of a narcotic, for the purpose of trafficking, assault of a peace officer, and resisting arrest.

Terrace RCMP said the youth will be appearing in Terrace Provincial Court at a later date.

Terrace Dining Directory

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Neighbourhood Pub

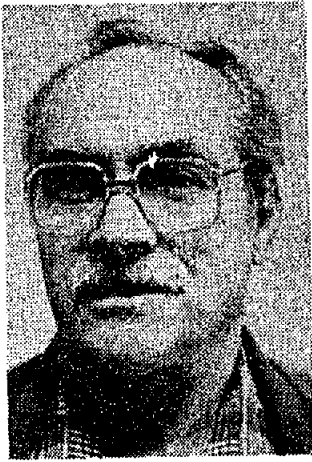
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talk of the town

The Terrace Review asked:



Are the mayor and city council representatives paid enough?

Joe Valverde

They are overpaid and taxpayers are footing the bill. If council members want to work for the benefit of local residents, they shouldn't do it at the expense of the taxpayers. Supposedly we are a democratic country, but even if I don't want to pay for garbage disposal, I am forced to pay. I wish I was a little younger, I'd go into politics.



Sherry Hallyard

It would depend on how many hours they put into the job for me to be able to make a fair comment as to whether they are paid enough. If their current wages are payment for a full time job, then I would say no. But if the money is not their main source of income, I'd say yes, they are paid enough.

Hubertha Sampare

The present amount of money should be enough to cover the efforts put in by our mayor and council representatives for Terrace.



Arlene Doell

If council members have to supplement their income from civic duties with other jobs, then I think their recent 3.09 percent increase is appropriate. City officials in aldermanic seats tend to be politically minded and intelligent and can undoubtedly make ends meet on the current salary by working within a budget just as housewives do.



Chris Symons

At the present price, I would say yes. City officials are paid enough. Those funds, however, may include having to purchase suits and dress clothes which don't come cheap. However, there are people in other work places who are going without raises council just received. The money is enough that I wouldn't mind the job.



Heather Webb

Council representatives went into the political arena with their eyes open knowing they would only be getting a certain amount in terms of finances. In the mayor's case, I believe he is paid enough. Aldermen also ran for seats on council and undoubtedly took the scheduled payment for their efforts into consideration. In my estimation, all members are paid enough.



Heart Fund representatives Betty Campbell (left), and Karen Enriquez, present Terrace fitness instructors with an award of appreciation.

Award

TERRACE — Local aerobic and fitness instructors were presented with an Award of Appreciation for their assistance with the B.C. Heart Foundation's "Dance for Heart" program.

by Jan Staebell

Dance for Heart — a few hours of exercise, entertainment, prizes and fun, was held Dec. 1, 1985 in Terrace. Over 60 people participated in the program and raised over \$3,400.00.

Dance for Heart, while not only being a fun event in which to participate, also raises funds to support the research, public and professional programs of the B.C. Heart Foundation. These programs are aimed at reducing the number of deaths caused by Canada's number one health problem — heart disease and strokes.

The B.C. Heart Foundation's Award of Appreciation is presented to individuals or organizations, who donate their time and expertise in co-ordinating special events, like Dance for Heart, that raise over \$3,000.00.

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PUBLIC NOTICE CITY OF TERRACE OR DISTRICT OF TERRACE?

Terrace now meets the Provincial criteria for city status, and Council's initial reaction is that "CITY OF TERRACE" has a much more progressive connotation and will lend itself well to our new initiatives to formulate more progressive economic development strategies.

The Ministry of Municipal Affairs advises that there will be no legislative provisions which would "negatively affect" the Municipality, should the change of status be implemented. They advise that the "change of status from District to City is generally one of classification only and would not impact to any degree on the duties and responsibilities already undertaken as a District Municipality".

Before requesting the Minister of Municipal Affairs to change our classification to "City of Terrace", we are publishing this notice to afford any interested persons an opportunity to express their views. Any comments should be in writing and forwarded to the undersigned, before February 19, 1986.



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Opinions

Science/research linked

by Bill Bennett

British Columbia enjoys a growing reputation as a province committed to strengthen our economy and create new jobs.

It's well-deserved.

Our science council provides millions of dollars annually in funding for a wide variety of research activities. Discovery parks are located adjacent to our universities and we have established university-industry liaison offices at the University of B.C., Simon Fraser and the University of Victoria.

The liaison offices, set up under a \$20 million federal-provincial agreement on science and technology, are designed to bring about increased transfers of technology.

Simply put, they're an important new link between the scientific and research communities in our universities and our private sector.

Our positive and innovative approach towards research — the bottom line is to find ways to do things better and more efficiently in our industrial sectors — was re-inforced with the recent opening of a new, \$6 million pulp and paper research laboratory at the University of B.C.

Work at the facility will focus on ways to make our most establish-

ed and most important industry — forestry — more productive and competitive.

The program calls for researchers and scientists to concentrate on areas such as pulp processing, papermaking, electrochemistry, environmental control and energy conservation. The new facility is another example of our government's partnership approach at work.

With our government putting up the initial \$6 million to develop the complex, the forest industry will provide \$1 million a year through the Pulp and Paper Research Institute of Canada to cover operating costs. And to ensure that bright researchers continue to be attracted to this important field, \$250,000 is being earmarked for a scholarship program. What's especially significant is that the UBC facility will help maintain our forest industry as a force to be reckoned with in the

To clarify

To the editor,

In light of recent media reports and articles, the Regional District of Kitimat-Stikine Board feels it necessary to advise area residents that the Board did not sanction or endorse the recently publicized Northern Development Council's Native Land Claim policy.

In fact, upon review of the document, the Regional District of Kitimat-Stikine Board, by resolution, rejected the Northern Development Council's position and subsequently recorded this rejection with the Honorable David Crombie, Minister of Indian Affairs and Northern Development.

I would, however, like to state for the records, that it is the position of the Regional District of Kitimat-Stikine Board that the Native Land Claims issue in British Columbia must be settled and it is the responsibility of both the Provincial and Federal Governments to sit down and negotiate this issue.

Les Watmough,
Chairman,
Regional District of
Kitimat-Stikine

years ahead.

While the industry here in B.C. has always led the way in pioneering new and innovative techniques — whether in sawmilling, the pulp industry or in logging — we can't afford to stand pat. Global competition in the industry has intensified since the 1981 global recession and it's essential that we not only develop better ideas and techniques, but also ways to implement those

ideas in practical terms in the mills and plants across our province.

The UBC facility — staffed by some of the brightest scientific minds in North America — will go a long way towards helping us accomplish these goals. The investment by the universities, our government and industry is one that's worth every penny and that will pay long-term dividends for our province.



"This white collar crime must stop...hand it over."

Members' Messages

by Jim Fulton,
MP (Skeena)

The deadline fast approaches for the Wilderness Advisory Committee to report to the provincial cabinet. One must wonder of what substance committee members had in the way of evidence to base their recommendations upon.

The time frame given by the provincial government was, in my estimation, inadequate. To suggest that a review can be made of 24 unique wilderness and park areas in a province with such diverse eco-systems as British Columbia is unrealistic in the extreme.

The government of Bill Bennett has public servants on the payroll of the taxpayers of our province who should be and have been evaluating these areas. Many of the

Sacred trust

OTTAWA VIEWPOINT

boundaries of these regions have been established after years of examination and input from ordinary British Columbians during the past decades.

For Bill Bennett's government to even suggest a task on such short notice provides, in my view, an opportunity for input to certain special interest groups (in particular corporations) and not to people like you and me.

Those of us who thought of presenting a brief to the committee

were discouraged by the time constraints. The committee placed an advertisement in The Interior News in Smithers Nov. 27, 1985, requesting submissions by the deadline of Dec. 19, 1985 — 22 days. These submissions were available for perusal and return comment until Jan. 13, 1986 — 25 days counting the festive season holidays. Then 33 days later, the committee is to make its recommendations on park and wilderness policy.

No government should ask any task force to ex-

amine something of such significance as our grandchildren's inheritance in a few short weeks. Bill Bennett already knows what path he is going to take; his record on parks is, I believe, a sad one indeed.

For seven years, I have sat on various Parliamentary Committees including five years on Environment, Parks and Forestry. Never in my experience has a task of such immense magnitude been proposed for a group so small in numbers; to come up with recommendations so potentially far reaching, so quickly.

The greatest service that this committee can do for all British Columbians is to declare the process for what it truly is — inappropriate.

Small business creates jobs

by Frank Howard,
MLA — Skeena

Of the following proposals, which would you rather see occur? The first one involves the investment of \$40 million and the creation of 400 jobs (i.e. \$100,000 per job). The second one involves the investment of the same amount of money, \$40 million, but the creation of at least three times the number of jobs (i.e. \$30,000 per job for 1,333 jobs).

It is a well known fact that an investment in a small business will create more jobs per dollar of investment than is the case with an investment in a mega-project or a

big business project. Depending upon the type of small business, one job can be created with a capital investment of between \$10,000 and \$50,000. A good rule-of-thumb measurement is \$30,000 per job, average. The range of jobs created would be between 800 (\$50,000 per job) and 4,000 (\$10,000 per job).

Using that average figure of \$30,000 per job, we find that the same \$40 million invested in the small business segment of our economy would provide some 1,333 jobs compared with the 400 in the first example.

\$25 million Invested

All of the above has a real-life application. The current provincial government has just invested \$25 million as a loan to a large, United States corporation to build a \$40 million waferboard plant near Dawson Creek. That is a loan to big business. And it prompts the question: If our government can lend \$25 million to one big business, where is the orientation towards small business?

When the B.C. Development Corporation was formed by the NDP, it was for the purpose of assisting small businesses. The current Bennett

government has changed all that and given the B.C. Development Corporation the mandate to assist big business. Because the emphasis has changed, the result has, in my estimation, tended toward fewer jobs in the B.C. economy.

There is a great attempt by the current government to lay the blame for our poor economic activity on world affairs. The reality is though, that with the government's insistence on helping big corporations, we are creating fewer jobs than would be the case if the government would give fair and trusting consideration to the small business segment of our economy.

Terrace Review

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Tips for a healthy pregnancy

by Marianne
Brorup-Weston
Terrace
Prenatal Instructor

Pregnant? Congratulations! You have embarked on one of life's most challenging and rewarding journeys. There are many things you can do to insure a comfortable pregnancy and a healthy delivery.

Your first job is to find a caregiver (doctor or midwife) to monitor your pregnancy. Prevention is the key word here and while there are some conditions which cannot be detected or cured prenatally, many others are totally preventable through good prenatal care. It is also vital that you are able to com-

municate with your caregiver. You should be allotted enough time to discuss your concerns and you have a right to be involved in every step of the care recommended for you and your unborn baby.

Compare finding a good doctor with buying a car: you don't buy the first car you see, do you? No, you look around, examine various models and base a decision on a variety of factors. The same should go for a doctor. After all, your body and your baby are your most valuable possessions and you need to feel secure in the knowledge that you have contracted the very best care available.

Bread and roses

TERRACE — So what do you want to be when you grow up? How often have you been asked this question? And, as a woman, how many times have you answered "teacher", "nurse", "secretary", "social worker" — or another of the supposedly "women's" careers?

by Stephanie Smart
Affiliate Member
Terrace Women's
Resource Centre

If you're like me, probably too many times. Well, the times have changed enough that we're now hearing of women as welders, pilots, machinists, or any one of a number of non-traditional occupations. And I'm really pleased to add my name to those proud ranks!

Last fall I spent 12 of the most exciting weeks of my life when I was able to take advantage of a "Women's Introduction to the Trades" program organized through Canada Employment.

After taking part in a series of two-week hands-on training sessions in a variety of trades, I've come out with a lot of concrete skills, personal achievements and a sense of personal power.

No, it's no magic world exclusive to men whereby women are forbidden. The trades are wide open to every single one of us who has the desire, determination and sheer stubbornness to move forward to achieve the training in the field where our own skills can best be used.

Beyond comprehension

I've always regarded cars (or anything else

with an engine) as something totally beyond my comprehension. For the unknowing or uninitiated, looking under the hood of your vehicle can be a terrifying experience: all those pieces, hoses, and just plain things in there are pretty overwhelming — or at least I always thought so.

Yet, after being informatively introduced to the wondrous logic of it all, I'm hooked — to put it mildly.

In the past month, friends have become accustomed to my never-ending list of questions and inquisitive listening — and to seeing me with a wrench or ratchet in one hand and a do-it-yourself manual in the other. And this is only while I wait to enter the first-year general mechanics program (for women) in Powell River come September.

Our society has changed radically in the past few decades and will continue to do so even more, but more importantly, women are changing. We're realizing that the only limits we have are those we impose on ourselves. Through organizing, educating and supporting one another, we're opening all the doors available — now and in the future, for ourselves and our children.

And, for me, I think that's one of the benefits we are reaping, thanks to those textile workers in Massachusetts back in 1912, who carried a banner with the slogan "We want bread and roses too."

Stephanie Smart has been an active affiliated member of the Terrace Women's Resource Centre since 1979 and continues to be a determined supporter of women's rights.

The one thing you have complete control over is nutrition and there are few things as important as providing your unborn with healthy building blocks. Empty calories and refined foods do not make a strong baby! Recent studies verify the soundness of a weight gain of a least 25 pounds, preferable more. Dieting has no place in pregnancy. There is also evidence to support a link between nutrition (specifically protein intake) and toxemia, so childbirth educators now recommend a minimum of 80 grams of protein per day during pregnancy. And don't forget that all drugs cross the placenta and not a single one has been proven safe for the fetus. That includes aspirin, alcohol, cigarettes, soft drugs and over-the-counter remedies.

Exercise is certainly helpful in pregnancy, because it oxygenates the blood and because it makes you feel energetic and attractive. However, no one exercise will ensure an easy birth. But walking, swimming, stretching and squatting all add confidence and body-awareness which are helpful factors. You should not start a program after becoming pregnant unless your physician approves it.

Some evidence points to a problem with too great an increase in heart rate (the baby is deprived of oxygen) with aerobic exercise or jogging. Running and jogging has also been linked with hip, knee and ankle problems, so take it easy. Common sense is the biggest sense-maker here. If it seems reasonable, it probably is. But heroics or concern with weight or figure do nothing to grow a healthy baby.

At some early point you need to start investigating what your birth options and desires might be. Some parents feel quite comfortable turning over the responsibility to a physician or midwife. Others are becoming aware of such issues as patient rights, the safety of routine intervention and who ultimately takes responsibility. It behooves you to question yourself and your caregiver, as in the end you are the one who has to live with the outcome — not the doctor, nurse or hospital.

A quality childbirth preparation class can be a real help. Public health offers classes for first-time moms, multiples and teens. Your public health

nurse is a true and trusted friend, so make good use of her support and knowledge. In some areas, private or group classes are also offered, usually for a somewhat larger fee. In a small town like Terrace, you continued p.10

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The Stork's Delivery Book

Ralph and Paulette Braam are the proud parents of Timothy John. He was born January 26 and weighed 9 lbs. He has a sister, Amanda, and a brother, Kevin, to welcome him.

Is the Stork about to visit you?
Let everyone know about the
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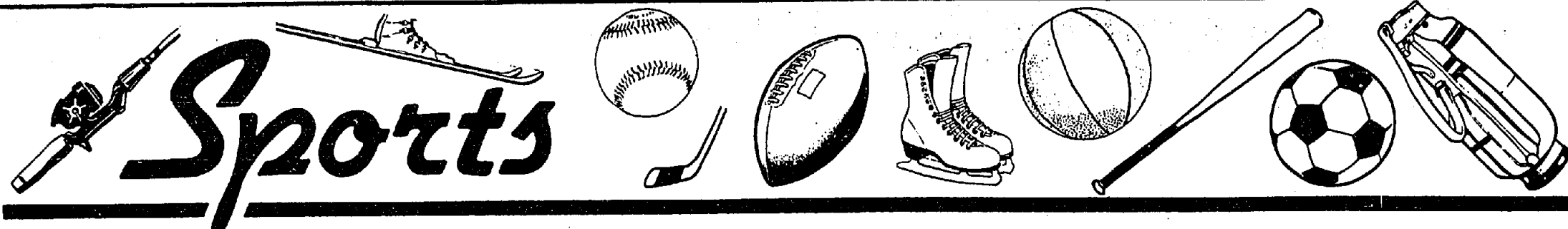
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Athletes to Winter Games

More than 170 Terrace and Thornhill athletes are in Smithers this weekend for the annual Northern B.C. Winter Games (NBCWG).

Here's the list of Terrace athletes and the sports they're competing in. The Review will publish full results when they become available in mid-February.

Master's basketball: Fred Philpot, Doug McKay, Mike Wilson, Dave Mack, Bill Hayes, Stu Cróuse, Grant Holkestad. Substitute: Ivan Mercer.

Girl's volleyball: Erika Tycho, Jennifer Kenney, Shannon O'Brien, Jackie Thomsen, Christa Klukas, Carmie Cameron, Marie Mercurius, Leslie Quast, Pam Franson, Rinette Lagace, Hester Flewin, Charlene Mandur, Wanda Chay. Substitutes: Cheryl Blaines, Monica Rauter.

Gymnastics: Heather Albright, Paula De Viveiros, Dena Ferretti, Joanna Mutschke, Renae Plantinga, Jennifer Watt, Natasha McAvoy, Lynn Henry, Leah Wilson, Tania Strauss, Shannon Skrabyk, Andrea Komlos, Lorraine Russell, Kris Fairless, Jennifer Brady, Karen Karu, Rosanne Komlos, Kerry Paulis.

Competitors

Duplicate bridge: Rolande Gagne, Mary Waldbauer, Tosh Yamashita, David Gallately, Francis Sabine, William Smith, Dave Comfort, Judy Comfort, Glen Bannister, Keith Soules, Roger Davis, Darlene Davis, May MacFarland, Bonnie Shaw, Wayne Petersen, Skip Bergsma, Glen Cheer, Mrs. Glen Cheer.

Junior badminton: Karen Oldershaw, Linda Yip, Karamjit Sangha, Dwayne Renshaw. Substitutes: Shawn Mitchell, Lisa Bland.

Beginner badminton: Dallas Ehman, Colin Brehaut, Gail McCabe, Rachael Stokes. Substitutes: Brenda McCarron, Blaine Meek.

Senior badminton: Diane Cey, Sherry continued p.7



Sharp Sluggers

Players for the teacher's team at Caledonia Senior Secondary School in Terrace who competed in a recent volleyball game against the Terrace RCMP were: Dave Comfort (back left), Phil Letham (back center), Clayton Lloyd Jones, Linda Black, and Ed Kenney. See game action shots page 7.

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Kermodes and Kitimat second to Rainmakers

The Prince Rupert Rainmakers have placed first overall in the three-team senior high school boys basketball league for the northwest zone.

But Terrace Kermodes and Kitimat Rebels will be very much in contention when the zone finals are played in Terrace on the Feb. 21 weekend.

The Rainmakers ended up on top with a five-win, one-loss record following a three-team mini-tournament at the coast city. The Rebels and Kermodes each posted two-win and four-loss marks, but several games among the big three could have gone either way.

The zone this year is the closest it's ever been with all three teams as potential winners of a berth in the B.C. finals in March.

In the final series, the Rainmakers needed overtime before they squeezed out a 71-70 win over the Rebels. The game was tied 64-64 at the end of regulation time. Kitimat had a player at the foul line with two seconds left. He had two shots that could have won it, but he missed both. George Mason topped the Rainmakers with 23 points. Greg Engen had 19 for Kitimat.

Moldenhauer had 15 and Kirkaldy 11 for Kermodes. Cory Martens topped the Rainmakers with 20.

The Caledonia Kermode girls also played at Rupert that weekend. They got 25 points from Caroline Hendry and 20 from Jaci Sturn as they outscored Kitimat Orcas 75-62.

Accident

by Carrie Olson

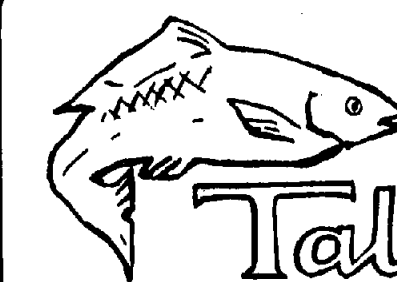
Late on the evening of Saturday Feb. 1, there was a two-vehicle accident on Highway 37 near William's Creek.

The accident resulted in three people being admitted to Mills Memorial Hospital in Terrace. Robert Brent Thomson still remains in hospital with undetermined head injuries.

The accident is under investigation, said Terrace RCMP.

Court

On Tuesday, Jan. 21 Herbert Percy was given a five month jail sentence in Terrace Provincial Court for driving while disqualified.



Tales to Tell...

The scarcity of medical facilities in rural British Columbia was no handicap to my great grandmother.

In years gone by, people were forced to make do with what was on hand.

Folks used turpentine, kerosene oil, lard, sugar, mustard, and/or whiskey for medical purposes.

Grandmother used three basic supplies to kill infections but she admitted it was a risky business. "If it hit, it hit. — If it missed, it missed."

Arthritis pain was alleviated by using a mixture of honey, vinegar mixed with powdered rhubarb and whiskey. The amount of whiskey used depended on the pain level.

The common cold was often cured by making a strong tea from pine needles. Another cure was eating a mixture of

garlic, honey, vinegar and onions. Ear aches were overcome by dissolving salt in lukewarm water and adding a small amount of sewing machine oil. This mixture was then poured into the ear.

Toothaches were often cured by mixing three parts of blueberry juice with two parts wine and eight parts whiskey. This mixture was taken several times a day until the toothache disappeared. This same mixture was used by folks suffering from rheumatism and muscle cramps.

It is interesting to note that grandmother raised five children and lived 87 years. She never did see a doctor. Her home remedies managed to overcome the various health problems all too common in this day and age of modern medicines and health care.

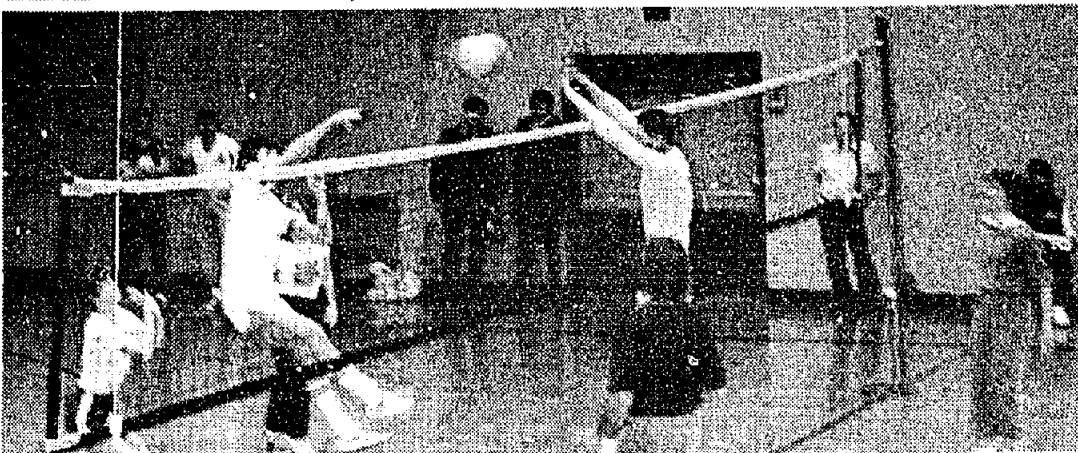
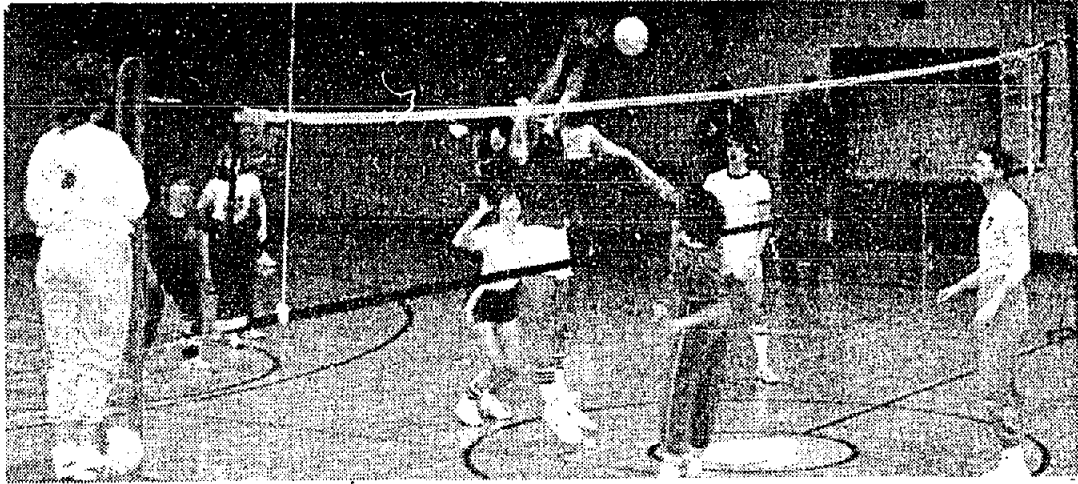
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Local skier to Canadians

Terrace skier Michelle Johnson has enjoyed an excellent season so far.

In fact she's done so well, that she is listed in the top four of the western division of the Canadian Alpine Ski series. This means she'll head back to Quebec for major races.

She'll take part in the Canadian Alpine series on Feb. 7 and 8 at Mount St. Marie. Then from Feb. 13 to 20, Johnson

will compete in the Canadian championships at Mount St. Anne.

Meanwhile, last weekend at Troll Mountain in Quesnel, Kitsumkalum Ski Club members came through with winning performances. Tia Kurylowich won the slalom race on both days, while David Miklavic was second in one race.

from p.6

Anderson, Chuck Cey, Dave Quinn. Substitutes: Betty Clent, Gordon Clent.

Adult badminton: Jennifer Eastwood, Mark Flaherty, Steve Thomas, Judy Johnson. Substitutes: Doug Steele, Deane Jenion.

Novice figure skating: Christine Irving, Cynthia Stewart, Jorgie Alexander, Nicole Page, Leanne Hidber, Sonya Dhami, Jessica Lambright, Shelley Hawryluk, Christine Eys, Kasha Kikkert, Chantale Losier, Susan Munson, Shauna Prest, Lara Tessaro, Jessica Campbell.

Junior figure skating: Stacey Brown, Alexandra Copeland, Laura Bennett, Jennifer Kemp, Denis Booth, Shammi Gill, Shannon Butler, Teresa Scott, Donna Fulmer.

Sportsmen

Wrestling: Allan Balinger, Sheldon Lincoln, Sam Derrick, Trevor Andrew, Jason Lovstad, Al Fleischmann, Keith Fenton, Rodney Bolan, Andy Dergan, Robert Geier, Josh Young.

Pool: Dan Rennhack, Brian Vanderberg.

Mixed volleyball: Jim Place, Adri Meeuwisen, Anna Klein, Richard Klein, Jerry Champoux, Paul LeBron, Ted Widen, Lisa Schafhausen, Carrie Paulis, Gino Iamele, Liz Olzekski.

Oldtimers hockey: Gary Shatz, Brian Kennedy, Joe Whitney, Brian Miller, Bob Peacock, Sev Piattoni, Frank O'Brien, Ken Olson, Gerry Martin, Larry Krause, John MacDonald, Rino Mi-

chaud, Rick Letawski, Harold Cox, Bob Cooper, John Taylor.

Junior boys basketball: David Hogg, Bryan Pewick, Wayne Orbell, Chris Brinnen, Johnny Jones, David Falardeau, Aaron Wadley, Arne Perrin, Jeff Martin, Arnie Pelletier, Sean O'Hara, Jackie Brown, Patrick Carey. Substitutes: Adam Ford, Stephen Salanski.

Junior girls basketball: Michelle Hendry, Lisa Sturn, Melanie Jones, Jennifer Dow, Rae-Ann Apolczer, Jann-Marie Wilson, Jody Cox, Selena Tank, Rhiannon George, Shammi Dhansaw, Lianne Haw, Jenine Krause, Lisa Dams.

Archery: Anne Payne, Gil Payne, Claudette Grosset.

Kitsumkalum open for business

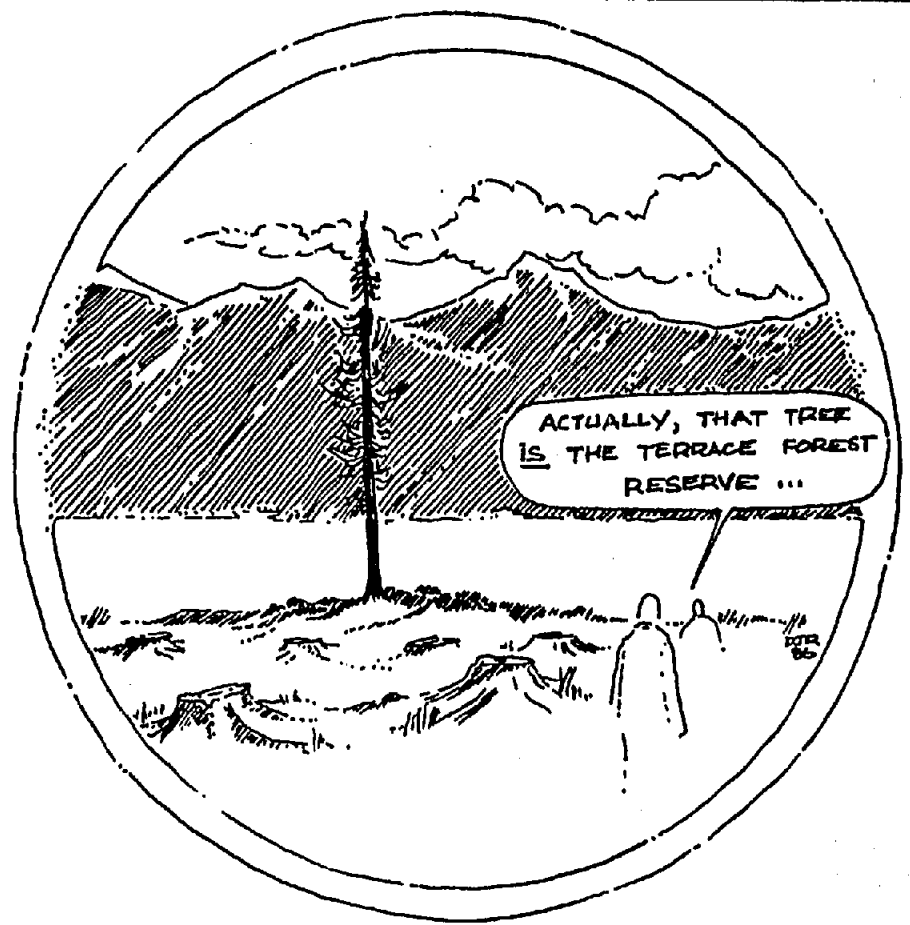
by Michael Kelly

TERRACE — Local skiers took their first runs of the season down the slopes of Kitsum-

kalum mountain on the weekend of Jan. 25. Ski hill manager Dennis Lissimore said of snow conditions, "Well, it's white up here."

The opening was celebrated with discount lift tickets, and more than 500 skiers went down the mountain during the weekend.

RCMP players (left) block a spiked ball delivered from the teachers' team at Caledonia Senior Secondary School. The police have another volleyball match scheduled against teachers at Thornhill Junior Secondary School Friday, Feb. 7 at 12:30 p.m. The RCMP will also play a game against the high school Winter Games team.



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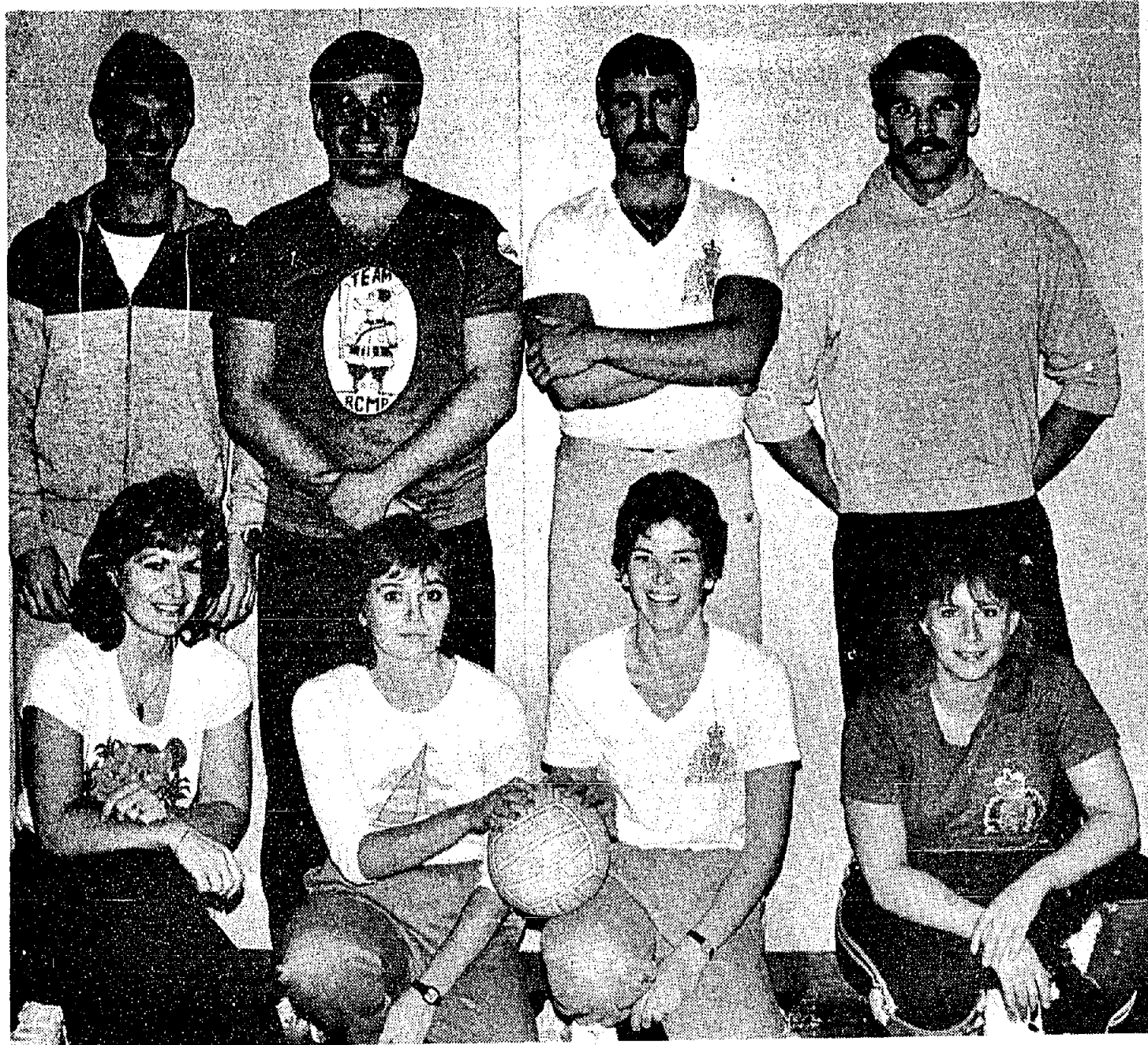
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Terrace RCMP challenged the teachers at Caledonia Senior Secondary School to a volleyball game Wednesday, Jan. 29. Team members for the RCMP were: Glynis Marhauer, Krystyna Hyland, Jane Brown, Jeanne-Anne Benthams, Al Bayles, Ewen Harvie, Steve White, and Graham Bayles.

Skeena active on tour

The Skeena Tsimpsen junior boys high school basketball team played enough games to make up an entire season during their recent tour to the interior and lower mainland.

In our last edition we told you about Skeena placing second in a four-team tournament at Vernon. After spending another day with their Fulton school hosts, the Tsimpsens travelled to Kelowna for the next stage of their basketball trip.

On Monday, Jan. 20, they took on Kelowna secondary's junior squad and came out with a 58-53 win. They won this game 63-60.

The team then hit the road again and ended up in Richmond for a game against J.N. Burnett junior high. Tsimpsens probably wish they hadn't played Burnett as they were whipped 75-40.

On Thursday, Jan. 23, Skeena took on Palmer. Palmer was the team that Terrace beat by nine points in Vernon. Palmer went on to win the Vernon series with fewest points scored against them.

Manhas was hot

At Richmond, Skeena again beat Palmer — this time by a 60-57 score. Harpel Manhas was hot

as he pumped in 30 points. The Palmer game set Skeena up for their final appearance at the Pitt Meadows invitational tournament on Friday, Jan. 24. Skeena drew the tough Abbotsford team for continued p.10

Johnson shines

Terrace skier Michelle Johnson continues to come up with great performances in the west division Canadian alpine skiing series.

On the Jan. 25 weekend, she placed third in the super giant slalom at Lake Louise. In the two previous downhill

events, Michelle placed seventh in both.

In this series so far, Michelle has been in seven races and finished no lower than 7th in any of them. Although statistics aren't available, she's listed somewhere between 4th and 7th overall.

Peewee Pups in action

On Sunday, Feb. 9, the Peewee Pup minor ice hockey teams will compete. At 3:30 p.m., Lions take on Dave's, and at 4:30 p.m., Dave's play the Kinsmen.

At 3:30 p.m. on Sunday, Feb. 16, Dave's takes on the Kinsmen and at 4:30 the Kinsmen play the Lions at the local ice arena.

Badminton

Senior high school badminton players from Terrace Caledonia, Burns Lake, Hazelton and Kelly Road of Prince George kicked off their season with a big meet at Caledonia on Jan. 25.

Kelly Road and Caledonia each won seven out of the 15 events. Burns Lake took the other event.

Here's how Caledonia players fared: "A" Flight — Dwayne Renshaw third boys' singles. Karen Oldershaw first and Hester Flewin third in girls' singles. Oldershaw and Flewin second in doubles. Renshaw and Karmanjit Sangha first in boys' doubles while Tony Broman and Rob McGettigan were third. In mixed doubles, Renshaw and Oldershaw were second, while

Sangha and Linda Yip were third.

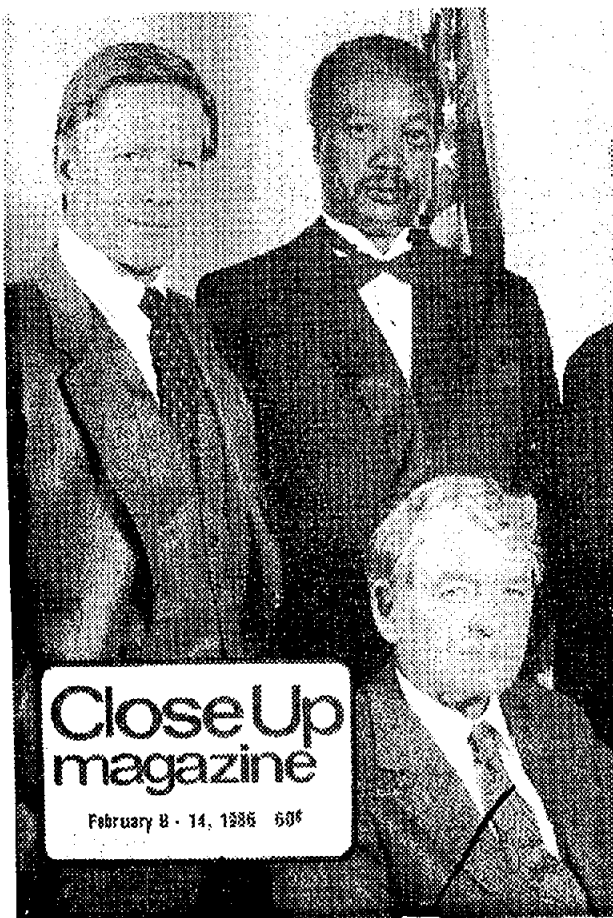
"B" Flight — McGettigan and Henry Michaud third in boys' singles. Pam Gill was second while Leona Tank and Lisa Bland shared third in girls' singles. Yip and Tank first in girls' doubles while Lisa Bland and Pam Gill were second. Henry Michaud and Surinder Dhaliwal first in boys' doubles. Flewin and Michaud first in mixed doubles while Broman and Tank were third.

"C" Flight — Avtar Gill first, Herb Resch and Lakbir Gill third in boys' singles. Gill and Gill first in boys' doubles while Resch and Shawn Mitchell were second. McGettigan and Gill were second in mixed doubles.

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Close Up magazine Update

The most recent schedules and program information for:

Feb. 8 to 14

Saturday, Feb. 8

TV7 — 9 p.m. — Additional information — *Mary*: Her office colleagues see Mary as a pigeon ripe for the taking when she joins their weekly poker game.

Thursday, Feb. 13

TV7 — 7:8 p.m.: Additional information — *Knots Landing*: Karen and Mack have a breakfast argument about finding Jill's key in Mack's pocket; Gary talks to a defiant Olivia who tells him and, later, Abby, she wants to stay with Karen.

When Cathy learns Sonny is really a reporter who is using her to get an exclusive story she confronts him in a nightclub. Peter takes Laura to dinner at Sylvia's house after Abby offers him financial help.

Friday, Feb. 14

WXYZ — 8 p.m.: Change — ABC Movie Special — *"Best Friends"*: Burt Reynolds and Goldie Hawn star in a romantic comedy about two screenwriters who fall in love, then nearly ruin their relationship by getting married and visiting each other's parents on their honeymoon. Jessica Tandy, Barnard Hughes, Audra Lindley, Keenan Wynn and Ron Silver star. Norman Jewison directed screenplay by Valerie Curtin and Barry Levinson. (83, 2 hr). (Pre-empt regular programming 6-8 p.m. on this date).

Records set at swim meet

Swimmers from six clubs shattered 25 records at the Terrace swimming pool during the Bluebacks' annual invitational meet on the Jan. 25 weekend. Leading the way was Allison Barriscale of Kitimat in the 10 and under age group. She broke five marks.

One-hundred and 70 competitors from the Bluebacks, Prince Rupert, Kitimat Marlins, Williams Lake, Kamano and Massett took part over three days.

In team aggregate points, the Bluebacks finished first with 527. Prince Rupert was runner-up with 410, followed by Kitimat with 346, Williams Lake with 254, Kamano with 29.5 and Massett with 5.5.

Individual aggregate winners were as follows; Bobby Peacock of Terrace and Allison Barriscale of Kitimat for 10 and under. Mary Ann Rudolph of Rupert and Ralf Notheis of Kitimat for 11 and 12. Tracy Konst of Terrace and

Chris Lindseth of Terrace for 13 and 14. Dawn Pasacreta of Kitimat and Eric Bergsma of Terrace for senior.

Notheis and Peacock both broke two records. In relay events, the Rupert girls, Terrace girls, Kitimat girls and Terrace boys each posted two record-breaking wins.

Other swimmers with single record efforts are Kelly Pearce of Rupert, Carl Schuk of Williams Lake, Tracy Konst of Terrace, Ian White of Williams Lake, Dawn Pasacreta of Kitimat, Travis Sanwald of Kitimat and Mary Ann Rudolph of Rupert.

Schedule

On Tuesday, Feb. 11 Ev's plays Skeena and all Seasons takes on Kluss in Terrace Men's basketball games.

On Thursday, Feb. 13 Kluss plays Skeena and All Seasons plays Ev's. On Tuesday, Feb. 18 Kluss plays Ev's and All Seasons takes on Skeena.



Aggregate winners from Terrace Blueback Swim Meet on the Jan. 25 weekend were, (left to right): Bobby Peacock 10 and under boys' gold; Cathy Bennett 11 and 12 girls' bronze; Tracy Konst 13 and 14 girls' gold; Chris Lindseth, 13 and 14 boys' gold; John Adams, 11 and 12 boys' silver; and Michael Baker, 10 and under boys' silver. Missing from picture Eric Bergsma, senior boys' gold. Dick Coxford photo

Netball new to Terrace

It's one of the B.C. Winter Games, so Terrace has to get up a team to play. Right?

Well, yes and no. We didn't really have to get up a team to participate in Netball. But we did because it would look better if the home town could muster enough forces for all the sports.

So, Netball is now a recognized, but struggling sport in Terrace. And it's strictly for

women — so far.

In order to get an organized league operating, they need 30 to 40 players for seven-player teams. This would give them a three or four-team league for regular participation.

Efforts to become stronger have met with little success. About 18 ladies are more or less regular performers in Terrace. This crew would like lots of

newcomers to come out and at least try to play Netball.

No age limit

If you've played basketball, you'll find this game somewhat easy. Any female can play and there's no age limit.

The differences between Netball and basketball are mainly in the receptacle. In basketball

it's a hoop 10 feet off the floor, attached to a backboard. In Netball, the hoop or basket is attached to a free-standing post, 10 feet high, without the backboard.

You can run and dribble in basketball, but you can't do that in Netball. You must pass the ball within three seconds.

A team has a center, three forwards and three defenders. You shoot the ball like in basketball, but remember there's no backboard to bounce it off into the hoop.

Netball sounds like a great sport and hopefully it will catch on in our area. We urge you to get out and see some Netball games at Cassie Hall school. Netball could be your cuppa tea!

Junior badminton results

While senior players were at Caledonia school on the Jan. 25 weekend, junior and Grade 8 badminton players gathered at Thornhill and Skeena junior schools for action.

Players from Thornhill, Skeena, Houston, Burns Lake, and Kelly Road of Prince George took part. Here are results of Skeena and Thornhill players in each division, with schools listed in brackets, i.e. (TH) and (SK). Unfortunately, not all first names are available so only last names are used.

Junior boys' singles, under 16: "A" Flight,

Ehman (TH) first, Brehaut (TH) second. "B" Flight: Rego (SK) first, Walker (TH) third. "C" Flight, Power (SK) second.

Junior boys' doubles, under 16: "A" Flight, Brehaut and Ehman (TH) second. "C" Flight: Kantakis and Therrien (SK) first. Schafhauser and Schafhauser (TH) second. Campbell and Turner (TH) third.

Mixed doubles, under 16: "C" Flight, Rego and Craveiro (SK) first. Junior girls' singles, under 16: "B" Flight, Craveiro (SK) second. "C" Flight, Blakey (CAL) first. Weber (SK)

second. Gill (SK) third.

Girls singles, under 14: "A" Flight, Cey (SK) second. "B" flight, Higginson (TH) first. Butler (TH) second. Adams (SK) third. Boys singles, under 14: "A" Flight, Nghiem (SK) second. Gill (SK) third. Grade 8 boys, Wrubell (TH) first. Norris (TH) second. Dhami (SK) third.

Girls doubles, under 16: "B" Flight, Cox and Gill (SK) first. Craveiro and Parmar (SK) second. Weber and Gilby (SK) third. "C" Flight, Lenser and Hubbard (TH) first. Starkie and McCarron (TH) second.

Girls' doubles, under 14: "A" Flight, Cey and Adams (SK) first. "B" Flight for Grade 8s, Swan and Higginson (TH) first. Butler and Stuart (TH) second.

Boys' doubles, under 14: "A" Flight, Nghiem and Gill (SK) first. Norris and Wrubell (TH) second.

Under 14 mixed doubles: "A" Flight, Nghiem and Cey (SK) first. Gill and Adams (SK) second. Norris and Swan (TH) third.

Oldtimer's hockey

Kitimat Oldtimers and Terrace Timbermen

Schedule

On Sunday, Feb. 16, the Bantam House schedule features Northern Motor Inn against Tilden. On Tuesday, Feb. 18, Tilden takes on Sharples.

came out as winners at the 10-team Houston Oldtimers ice hockey tournament on the Jan. 25 weekend.

Terrace beat Smithers "A" 3-1 in the "A" side final, while Kitimat defeated Smithers "B" 5-2 in the "B" side final. In the consolation final, Hazelton bounced Prince Rupert 13-2.

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Your Week Ahead Horoscope

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TAURUS Apr. 20-May 20	Business and professional affairs are highlighted. Matters can be expedited with little difficulty, to the satisfaction of all concerned.
GEMINI May 21-June 20	Don't be timid about taking charge of things. Be realistic in your approach and recognize your responsibility.
CANCER June 21-July 22	Now is not the time for taking on a heavier financial load. Be conservative and try to shore up assets.
LEO July 23-Aug. 22	Someone enters your circle of friends. Enjoy the relationship. This could be the romance you've been looking for.
VIRGO Aug. 23-Sept. 22	Expect some good news relating to work—maybe an attractive offer of a promotion with a nice raise in pay.
LIBRA Sept. 23-Oct. 22	Romantic contacts bring out your sentimental side. How sweet it is! Take care not to hurt a loved one.
SCORPIO Oct. 23-Nov. 21	If you must make a change, now is the time, when home and family matters are going along extremely well.
SAGITTARIUS Nov. 22-Dec. 21	Gain from a business trip is indicated. An important news item stirs you to action. Wishes become reality.
CAPRICORN Dec. 22-Jan. 19	Emphasis is on your financial affairs. Keep your records in good order, and be wary of credit transactions.
AQUARIUS Jan. 20-Feb. 18	Good opportunities for improving your status are all around you. Reach out and take what feels right for you.
PISCES Feb. 19-Mar. 20	Expect some answers to the quandry you've been in recently. You will be drawn into a situation of serving others.

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Campaign postponed

by Sherry Halfyard
TERRACE — On Friday, Jan. 31 Mayor Jack Talstra, along with heart fund president Betty Campbell, chairman for special events Lillian de Balinhard, publicity chairman Karen Enriquez and lieutenant Per Halvorsen of the Terrace Fire department, raised

the heart fund flag in front of the municipal hall.
 Heart fund president Betty Campbell said they will not begin to canvass until after the Winter Games. Heart fund representatives will begin their drive on March 3, continuing until March 23.

The Heart Foundation of B.C. is affiliated with the Canadian Heart Foundation and is a non-profit organization dedicated solely to the prevention and cure of cardiovascular disease, said president Betty Campbell.
 Heart disease is still the number one killer in Canada. Ongoing research, supported by donations to the Heart Foundation is the only way it will be beaten, Campbell noted. Please donate — and help the heart fund help someone you know.

Bantams compete

Most of the opposition at the Fort St. John Bantam Minor Hockey tournament on the Jan. 25 weekend proved to be a little too strong for the Terrace Inland Kenworth Bantams. The boys won only one of five games played.
 They started by being thumped 11-4 by the host team. Jason Wiley took care of half of our goal production, while Mitch Shinde and Derek Phillips got the others.
 Their only victory came against High Prairie, Alberta when

they posted an 8-2 win. Shinde got a hat trick plus one. Wiley had another pair, while John Donahue and Robert Holmberg scored singles.
 Kenworth Bantams didn't have it against Dawson Creek and fell 10-3. Holmberg, Donahue and John Almgren managed to score in this one.
 Terrace made a game of it against Prince George but came up short, dropping a 7-6 decision. Rod Epp had a

pair for the Kenworth lads. Donahue, Shinde, Wiley and Kevin Kennerly also scored.
 Their last game was against Grande Prairie, one of the top-ranked teams in Alberta. Terrace played well for two periods and were only losing 3-2. But the Albertans fired home four goals in the third for a 7-2 victory. Wiley scored both Terrace goals.
 Grande Prairie went on to win the tournament.

from p.8
 their first game, but they came up with a strong effort and eked out a 51-50 victory. Manhas and Dave Hogg topped the scoring with 17 and 15 points, respectively.
 Next in line was the Pitt Meadows squad, and they weren't very hospitable on the basketball floor as they ran up an early lead on their way to a 64-50 win over Tsimpsians. Hogg and Manhas each had 10 points.
 In their final tournament game, Skeena played another strong valley entry — the M.E.I. Junior Eagles. It was close until the third quarter when M.E.I. ran

up 10 straight points, then held off Skeena for a 56-52 victory. Dion Orbel fired up 14 points to lead Terrace, while Manhas and Hogg each had a dozen.
 The loss gave Skeena fifth place overall.

Palmer won the Tournament with a 48-47 victory over Pitt Meadows in the championship game. M.E.I. placed third and Abbotsford fourth.
 Harpel Manhas was named to the second all-star team.

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from p.5
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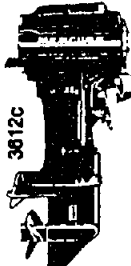
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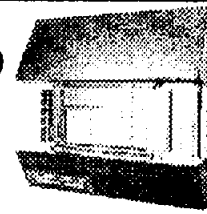
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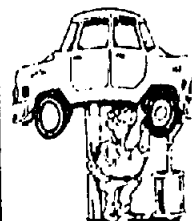
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Guide-Scout Week coming up

TERRACE — On Feb. 15, Guides and Scouts in Terrace will be presenting a display in the Skeena Mall all day Saturday.

On Tuesday, Feb. 16, there will be a church parade at Veritas school at 4836 Straume. Friday, Feb. 21, a torchlight parade will be conducted from city hall to the Terrace Arena. An indoor campfire will be held in the arena banquet room following the parade.

Scouting is a learning experience

by Sandra Wilson
Acting District Commissioner

Terrace District Scouting
TERRACE — Scouting is on the move. In this community — the nation and world-wide, Scouting is a learning experience and a source of a lifetime's fun and friendship.

From a five-year-old Beaver through Wolf Cubs, Scouts, Venturer and Rovers, the members and the leaders work together to become resourceful and responsible citizens of our communities. Scouting is growing in membership and involvement. Get involved and join Scouts Canada.

Feb. 16-23, 1986 is

Council gets raise

At its Jan. 27 meeting, Terrace council voted in favor of a 3.09 percent pay increase for aldermen in 1986. The mayor will receive \$11,749 for the year, and remaining council members are granted \$5,607.

Alderman Mo Takhar cast the only dissenting vote, and Alderman Fred MacDonald was absent from the proceedings.

Thank you

To the editor,

We wish to thank Dr. L. Brown and the nursing staff of Mills Memorial Hospital for all the care and kindness they showed to David Leonard Orr.

The Orr Families

Court

On Wednesday, Jan. 22 Ray Bruce Johnston was sentenced to 12 months in jail and a three year probation in Terrace Provincial Court for committing a sexual offence, under the Canadian Criminal Code. Johnston was also given a 12 month jail sentence and three year probation for committing a sexual assault.



First Terrace Venturer Company

Scott Paden, Donald Sullivan, Scott Inglis, Tim Fleming, Cory Fleming, Geoff Watt, (absent - Neelam Parmar).

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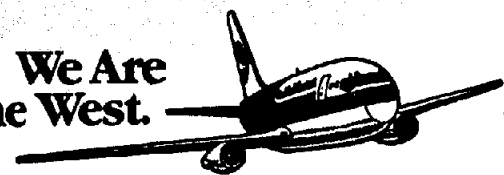
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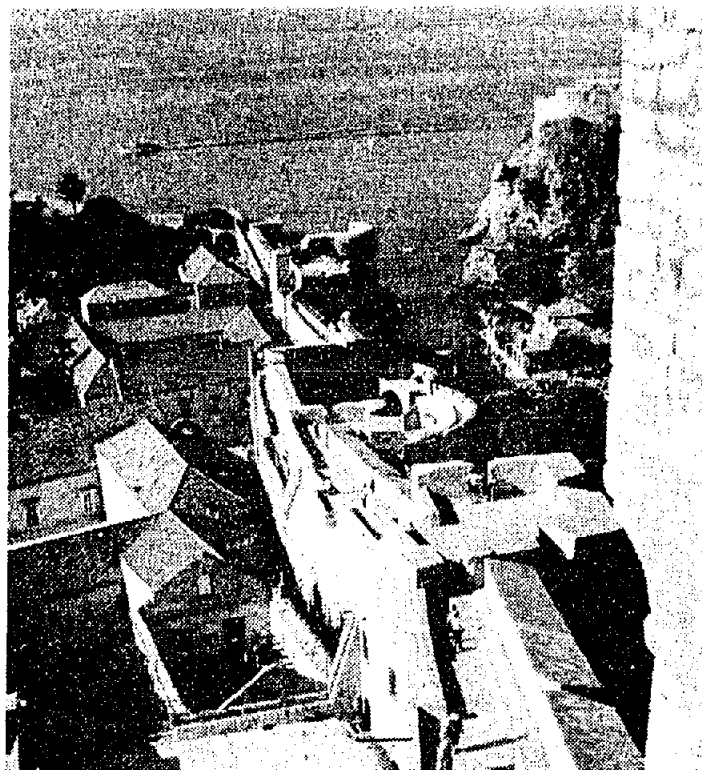
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Dubrovnik — looking down the wall from the Minceta Fort. Fort Lovrljenac is on the point at the right.

Ammolite, a rockhound's delight

By Daniele Berquist

TERRACE — A unique new gemstone called Ammolite is now available at Northern Light Studio.

Found only in southern Alberta, this enhances the value of this gem, said Kaye Ehse, manager of the studio.

Ammolite is the mineralized form of an upper Cretaceous fossil, the ammonite *Platoniceras*, and a very beautiful North American gemstone. The mineral composition of this gem is aragonite, Iron Silica, and Titanium, with traces of copper which gives the red coloring; the barium gives a blue color while the magnesium found in the gem gives a green color.

Each piece is hand cut finished and one of a kind, said Ehse. More than 70 million years ago a life form called "ammonite", roamed the sub-tropical seas that bordered the Rocky Mountains. In 1981 the new organic gemstone was recognized as ammolite by the International Colored Gemstone Commission (CIBJO).

Another stone called jade is found around Ogden Mountain and Dease Lake. Ehse said that there are no local jade carvers so it gets processed in Vancouver and sent back to Terrace. She added that the studio would like to hear from anyone who can carve jade.

Very near the Skeena, amethyst is found along with garnet on the way to Prince Rupert at the gravel pit.

Up the Copper River, interesting fossils, said Ehse, from the gulfic age can be found. It's approximately 30 miles in along the river road, where bed shell and fish shells can be seen.

Found only in the Queen Charlottes is archilite, Ehse said. Pieces are carried out by the Haida Indians and totem poles can be carved from this as well as bowls and pendants.

Other gems to be found at the studio are black opal, amber onyx, the blue agathe, rose quartz, black jade and rhodonite which is a pink stone with white and black. Jewelry such as necklaces are made from it, Ehse said.

Search for gemstones

Local resident Ron Jacob locates gemstones for a hobby. Jacob, of Terrace, said that whenever he's out for a walk he's always looking on the ground to try to find a gemstone. Jacob said the chances of ever finding a gem are one in a million, but it's fun trying. A machine can be used in a gemstone area to enlighten a specific gravity of gemstone. It's not like a metal detector, he said, but it works on the gravity of the gemstone. When vibrated the gem tends to creep up, he noted.

Jacob said that a potassium clear crystal gemstone and only garnet can be found in the Nass volcanic area, and that to find a gem is not easy as it sounds. You have to know what you're looking for, he explained.

Shopping can be fun in Dubrovnik, Yugoslavia

Terrace resident Teresa Unger and her husband, Len Winter, recently visited Dubrovnik, Yugoslavia. Here, Teresa describes a day of shopping in the Placa.

by Teresa Unger

Shopping

After spending a certain amount of time poking in stores, I begged to differ with the man who

stood in the middle of the Placa and announced "...there isn't a 'darn' thing to buy in this town..."

I don't know where he had been, but we found delicate crystal, exotic glass 'objects d'art', and

Icons by Yugoslavian artists that were beautiful and some quite expensive.

Yugoslavia is known for its fine leather work, which was well represented in the shops. Hand crafts were everywhere, my favorites were the brooches in silver filigree. And of course, the ever-present mounds of tourist mementoes

and memorabilia. But this was all to be found on the Placa or one street over on the Od Puca.

There was also the state department store, Robna Kuca, where we had a delightful lunch at the roof-top terrace restaurant. We were mainly interested in Yugoslavian products, but one of the little shops on the Od Puca sold Levi jeans at a price considerably less than we pay here.

At Babin Kuk, in the shopping complex between the Hotel Tirena and Hotel Argosy, we found a Wrangler Blue Jean store. All of the 'Foto' shops had Kodak film for sale, their advertising was everywhere. The restaurants carried Pepsi Cola, but we saw Coca Cola too.

But the best find of all was their real ice cream. Tucked away on a little side street was a tiny shop that sold real ice cream, with little bits of ice and fruit, the flavors were so rich and real.

Shopping can be fun, especially when finding fascinating new things.

Walls of Dubrovnik

The really special thing about the walls of Dubrovnik, is that you can walk all the way around. We decided to scale the walls on Friday, Sept. 6, and it did feel like scaling them; there are thousands of steps and I think they all went up.

The original town had been on an island, which by the 10th century had a wall around it, but in the next century the narrow strait separating it from the mainland was filled in; this became the main street, the Placa.

By the 16th century, new walls had been built, added to, replaced and re-fortified until they looked much as they do today. I really appreciated the modern additions — railings, in the few spots that had none.

It was a novel way to see the city, looking down on the narrow streets and the red tiled roofs, for which the town is famous. Being on the massive walls, so high above the ground and sea, seemed so safe and secure. A marvellous way to spend a few hours in the cool of the morning.

Next week Teresa describes the journey inland to Mostar, one of the hottest spots in Yugoslavia.



Terrace resident, Len Winter, in Dubrovnik — the main street, Placa, between the Franciscan Bell tower at the left and the City Bell tower at the far end of the street.



Dubrovnik harbor — filled with small vessels, behind the breakwater. On the right, the three arches, once the shipbuilding facility, is now the large restaurant, Gradska Kavana. On the left is Fort St. John.



Dubrovnik — looking south from favorite sunbathing rocks by St. John's Fort. Behind the boat is the Excelsior Hotel and to the right is the Argentina Hotel.

Children learn from theatre

TERRACE — Students at Parkside school recently found out why a rhinoceros has baggy skin, how the camel came to have a hump and why elephants have trunks — all courtesy of the Pageant Theatre.

The independent children's theatre company has been touring the northwest, entertaining children with lively and

colorful adaptations of Kipling's "Just So" stories.

Terrace is the final stop on the group's current tour. After performing at five elementary schools here, they return to their home base at Bowen Island.

The players are Martin Clarke, Julie Nosek and Noni Byers.

VIA baggage checks continue

TERRACE — VIA Rail Canada has announced that, although ticket sales agents were removed from the Terrace station effective Jan. 23, baggage checking and handling service will continue to be provided.

Donald T. Carmichael, recently appointed regional director, Sales and Customer Services, for VIA West, said the decision to maintain baggage handling here follows a review that indicates a sufficiently high volume of baggage to warrant the service being provided.

Baggage will only be accepted at the Terrace station prior to the arrival of the train, and incoming baggage will be delivered to passengers in the waiting room shortly after the arrival of the train.

Although tickets will no longer be available at the station, passengers will be able to purchase tickets for travel on VIA through Haida Travel Service, First Choice Travel, Terrace Travel Ltd., or from the conductor on the train on which they travel. Reservations and ticketing-by-mail can also be arranged by calling VIA's toll-free number at 1-800-665-8630.

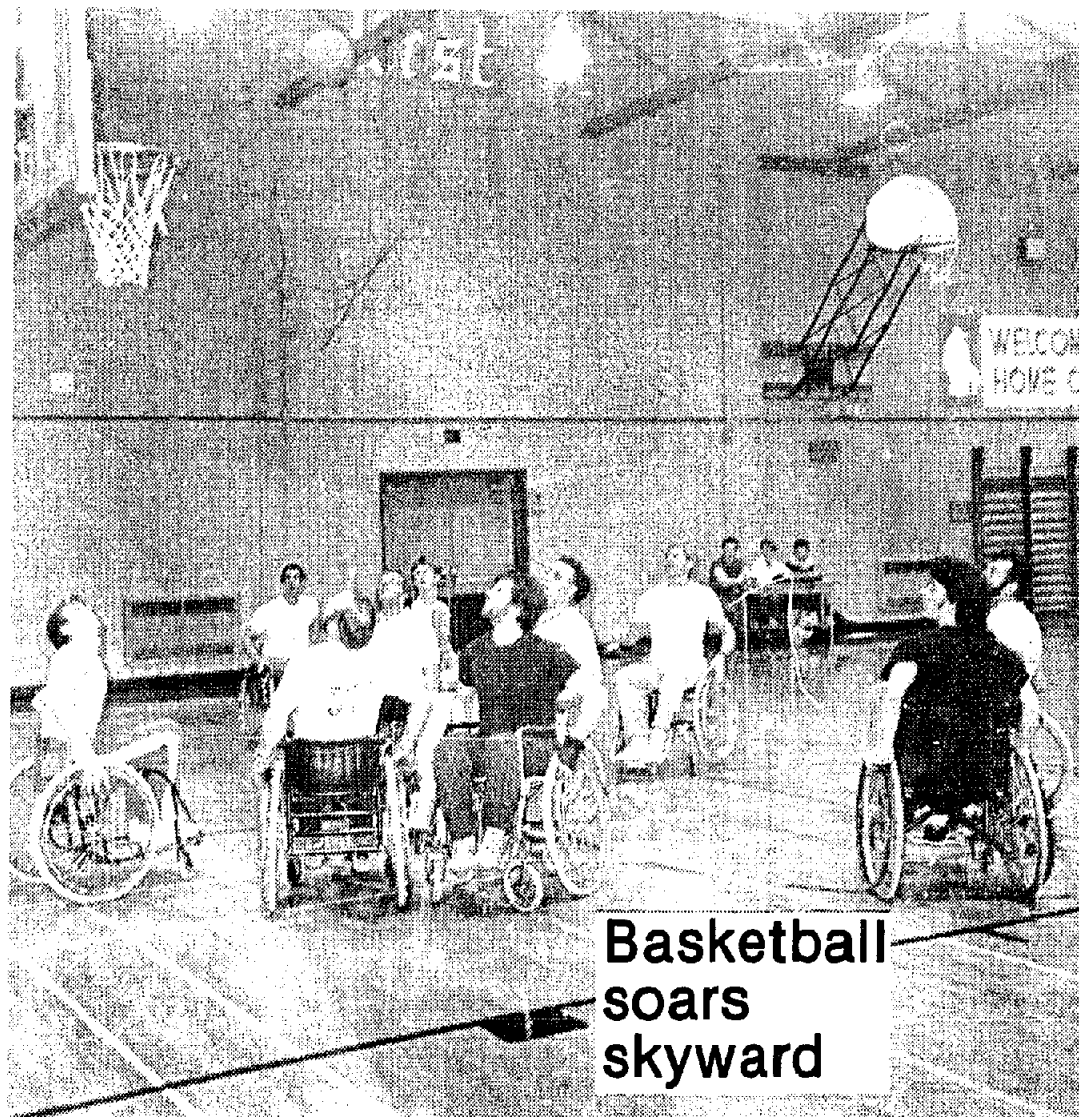
The station waiting room will continue to be open to passengers one hour prior to train arrival and will remain open until train departure.



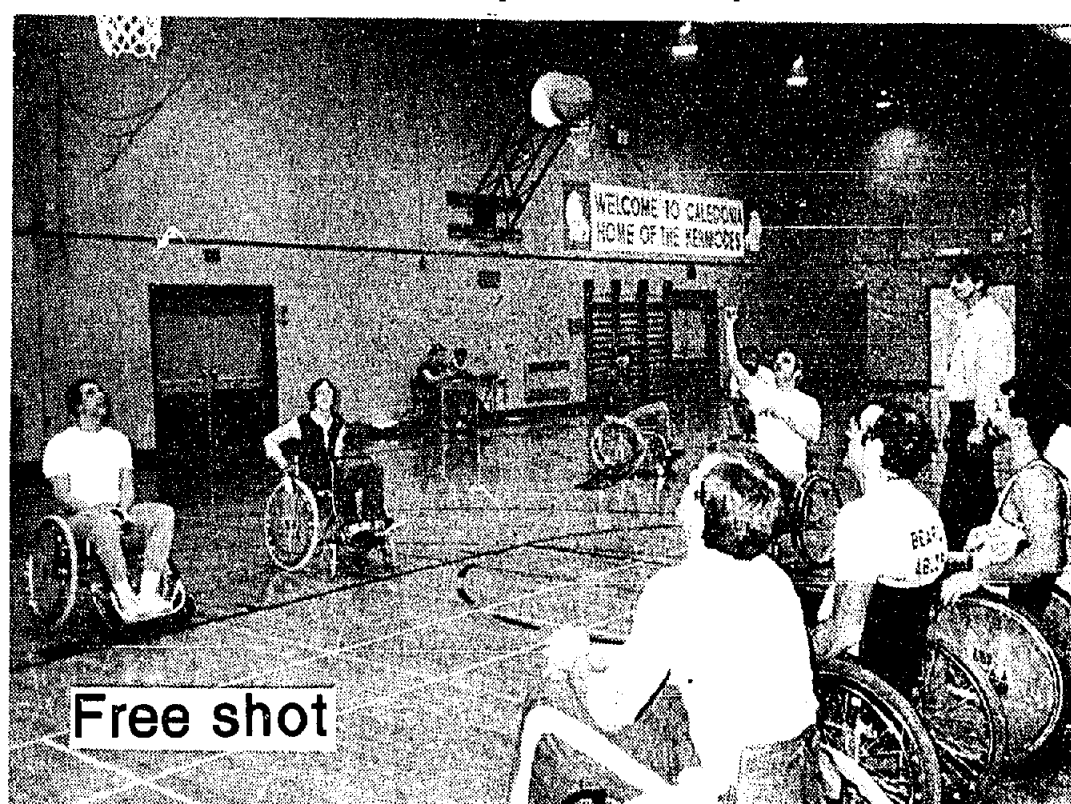
A Basket, or is it?



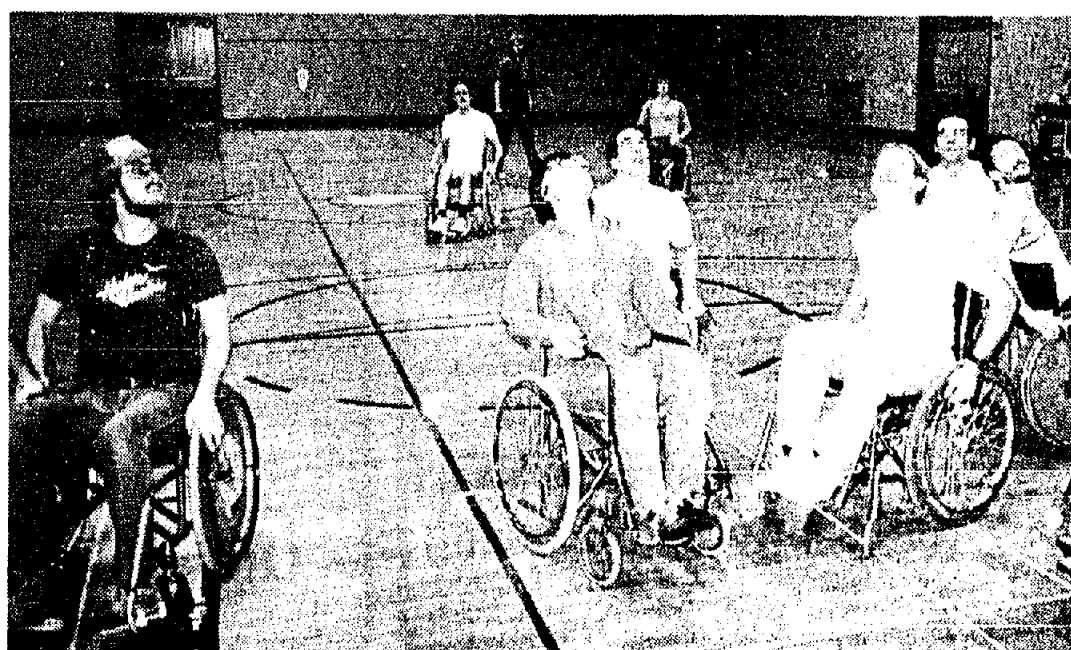
Toss ball at center



Basketball soars skyward



Free shot



Wheelchair basketball match

Terrace Basketmasters recently took on the B.C. Winter Games directors, Bearly Ables, in a smashing basketball game. Terrace's mascot Kode Kermode and audience members cheered the athletes in their efforts which ended in a final score of 34 to 18 for the Basketmasters.

Something for everyone at local pool

by Tony Toriglia
Aquatic Supervisor
District of Terrace
TERRACE — Thinking of getting in shape this winter, or of improving you or your child's swimming skills?

If you are, the aquatic staff at the Terrace pool has a deal for you! They have over two dozen programs available for you and members of your family to participate in. Some of the specialty courses are aquasizes, adult swim lessons, parent and tot lessons, family lessons, prenatal fitness and swim fit classes.

As early as six months of age, your child can be introduced to the water. The parent and tot classes are geared for you and your child and utilize fun, games, songs, and a familiar parent to make the water learning fun. In family lessons, the entire family is involved whether beginners, intermediate or advanced level swimmers. Open to all family members, no matter

what your skill level, it's a chance to learn together for half an hour and then enjoy the water together for another half an hour.

Preschooler swim lessons begin when the child is three years of age and pool staff teach the children swimming skills, and water safety education in classes of four to six children. As the child grows older he or she progresses in to the Red Cross Water Safety Level system and then can take the more advanced lifesaving courses once he or she reaches their teens.

We also have swim lessons for adults, starting with those who do not know how to float and are scared of the water and progressing up to the advanced swim lessons and lifesaving courses. For those who are mothers-to-be, we offer a pre-natal fitness class that will include gentle water exercises that will help them maintain their fitness level throughout their pregnancy.

Activities and classes are offered on an ongoing basis at the Terrace pool. Most classes are repeated every six weeks, so if you miss one set of lessons, you can participate in the next.

If you are interested in attending swim lessons or one of the aquatic fitness classes, call the Terrace pool at 638-1174.

Court

Glen Shepperd was fined \$500 in Terrace Provincial Court Friday, Jan. 24 for having care of a motor vehicle while legally impaired.

Minor basketball finishes

The Terrace six-team minor basketball league has finished off its inaugural season with a double knockout tournament.

Totem Furniture Celtics won the title, downing K'San Construction Knicks 63-59 in the championship game. To gain entries into the final, the Knicks beat Sight and Sound Sonics 62-55, while the Celtics outscored the Sonics 43-39.



Members of the Students in Action Club at Caledonia Senior Secondary School recently gathered to listen to an address by Terrace RCMP Constable Ewen Harvie.

Executive positions filled

SPECIAL OLYMPICS

The Terrace B.C. Special Olympics group met on Monday, Jan. 27, with 11 people attending.

Two were visitors from the Smithers B.C. Special Olympics organization. With the help of the Smithers' Kinsmen, they have formed an executive and are fundraising to support their activities. The local participants plan to get together with Smithers soon for a bowling tournament and dance in Terrace.

The Terrace group is doing well with two ex-

ecutive positions filled. Gina Bowker is the volunteer co-ordinator and Berta Mazerolle the publicity and fund-raising chairperson. Local representatives are now organizing the trip to Kamloops for the B.C. Special Olympic Bowling Tournament in May. Funds will be needed for this trip so the group will be busy between now and May.

6 p.m. as well.

The group would appreciate any help it can get with coaching, or fund-raising, or from people interested in helping run the organization. If you can help, call Gina at 635-7355.

The next meeting of the B.C. Special Olympics is Monday, Feb. 10 at 7 p.m. in the Terrace Arena. Everyone is welcome.

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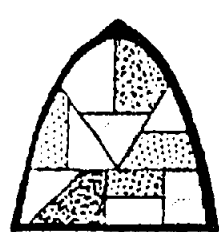
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St. Matthew's Anglican/Episcopal Church

4726 Lazelle Ave., Terrace Phone 635-9019
Rector Rev. L. Stephens — 635-5855
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10 a.m., Church School
11 a.m., Traditional Service

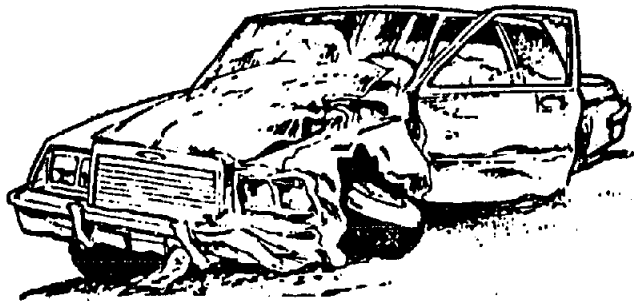
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Guides hold tea

TERRACE — A Girl Guide tea celebration was held in the community at the Elks Hall recently. A fashion show of the Heritage Guide Uniforms was staged and a "certificate of merit" was awarded to Marg Cooper, commissioner for the Tall Totem division.

Kathy Morgan organized the Heritage Uniforms fashion show. The Guide tea was put on to thank all the women who helped with organizing Girl Guides since Guiding began in Terrace.

Raise a sweat

"Pumping iron" may be a good way to raise a sweat and some extra muscles, but it also has its dangers.

"People can sometimes do lasting damage to themselves by not observing simple rules," said Terrace chiropractor Dale Greenwood. "Damage could run from a simple muscle strain to torn or ruptured tendons and ligaments, and even joint dislocation."

To forewarn weightlifters about possible dangers, Greenwood offers a code of caution on the sport compiled for the Canadian Chiropractic Association.

- Professional instruction is crucial. Routines should be personalized after an assessment of your balance, symmetry, flexibility, general build and age.

- Start with a warm-up of at least three minutes per body part to be exercised.

- It's not what you lift, it's how you lift it. Get your technique right before increasing weights. It is also best to work with a training partner. Balance, breathing and overall form should be right before trying a higher level.

- Weight training may not help to heal a joint or back injury. If you do have an injury, you should first seek the advice of a practitioner who is familiar with your sport and who can give you guidelines.

- Proper nutrition is essential in weight training. That's because of the increased physical demand on the joints, bones and muscle tissue. Appropriate protein and mineral intake is essential.



Brownies wait to give a celebration rose to guides coming to tea.



Past Guilders Mrs. Smith, (left) Mrs. Darby, Chris Shaffer and Jan Hultkrans at tea. Jan also helped organize the event.



Robin Koehl holds the Girl Guide Rose. The rose was developed to celebrate 75 years of Guiding in Canada. A rose bush was planted at Terrace's Heritage Park in the spring.



Ethel Jackson (left) and Marg Cooper officiate at the guest book.

Adventure can be yours

by Cory Fleming

TERRACE — Action and adventure are yours if you're 14 to 17 years of age and join your friends in Venturers.

Get in on the fun, fellowship, action and excitement by getting to know people, doing things together and improve your knowledge and skills.

Venturers offer a program of action both indoor and out-of-doors involving swimming, hiking, camping and first-aid. The challenge — the fun — the companionship and the leadership is yours with the Venturers.

Join the move. You'll love it!



Gloria LeGal 15, the Division Guider who helped organize the celebration tea. She has been a Guide Leader in the Kitsumgallum District and now keeps leaders informed on program changes.

Play to be staged

TERRACE — On Wednesday, Feb. 12 at 8 p.m., Headlines Theatre Company from Vancouver will be staging the play, *The Enemy Within*, in the community.

The production will be presented at the REM Lee Theatre and is a political comedy about the Premier, his cleaning woman, restraint and you.

The play proves that even if the Human Rights Commission has gone up in smoke, the School Board has gone down the drain and food bank line-ups are going around the block, there is comic relief from restraint. And where there is laughter, there's hope and a game plan to fight back.

Rovers provide challenge

by Finn Larsen

TERRACE — Young men and women who seek a never-ending opportunity for challenge are finding that excitement in Rovers.

As a Rover, you can face the challenge of wilderness survival... match personal skills in car rallies and explore the limits in gliding and scuba diving. Exciting and adventurous activities await all young men and women who want to break out of a life that is too tame.

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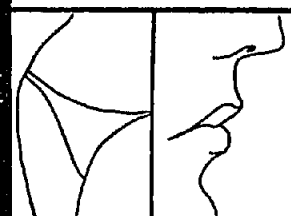
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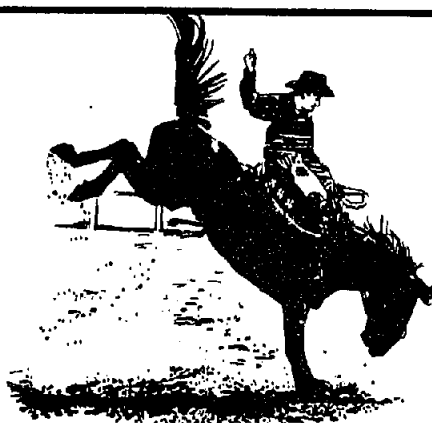
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08c



Skeena Squares dance and swing



by Sherry Halfyard
TERRACE — The Skeena Squares originated in the community early in 1960. The group operated until 1969. It wasn't until just after Christmas of 1985 that the Skeena Squares started up again, said president Jim Glen.

The club consists of about 45 to 50 members.

People often come from Kitimat to join in on the dancing.

Anyone can join, the youngest member is 12. The Skeena Squares dance every Friday night from 8 p.m. to 10 p.m. at the Arena Banquet Room. The group recently entertained an appreciative audience at Terraceview Lodge.



Sherry
Halfyard
photos



Terrace Coming Events

Before Feb. 8 — Notice to all winners at last year's Pacific Northwest Music Festival: If you have a perpetual trophy, please return it to Sight & Sound marked "attention Marilyn Kerr".

Wednesday, Feb. 5 — Terrace Little Theatre will hold a production and business meeting at 7:30 p.m. at 4711 Tuck Ave. The group needs several people, experienced or not, to help produce the upcoming plays. For information phone Robin MacLeod, 635-2964 after 4 p.m.

Thursday, Feb. 6 — Public meeting at the Skeena Health Unit, 7:30 p.m., to form a branch of the Arthritis Society. Marion Ewing of Vancouver will be in attendance. Contact Edna Fisher — 635-3273.

Thursday, Feb. 6 — "The Meadow", a 1981 Italian movie with English subtitles, will be shown by the Reel World in the library basement. Doors open at 7:30.

Saturday, Feb. 8 — The Theatre Alive Society presents *Current Figures* at 8 p.m. in the REM Lee Theatre.

Saturday, Feb. 8 — B.C. Heart Foundation first annual semi-formal Sweetheart Dance at the Terrace arena banquet room, 8 p.m. to 1 a.m. Music by Jim Ryan's Big Band — limousine service is available, phone Betty Campbell, 635-5221, or Lillian de Balinhard, 638-5888, for information.

Feb. 9 & 10 — Badminton clinics sponsored by the B.C. Badminton Assoc. and the Terrace Badminton Club. Sunday, Feb. 9, 7:30 to 10 p.m. at Thornhill Jr. Sec. School and Monday, Feb. 10, 9 to 2:30 at Thornhill, 3:30 to 5 at Caledonia Badminton Club to review basic skills and doubles strategy, and advanced clinic 7 to 9 p.m. Terrace Badminton club at Caledonia Sec. gym. For further information, ph. Betty Clent, 635-3091.

Monday, Feb. 10 — Terrace Riverboat Days Society general meeting at Branch 13 of the Royal Canadian Legion. All member organizations are requested to ensure a representative attends. Call Daisy Malden for information — 638-8141.

Friday, Feb. 14 — The Kinetite Club is holding a Valentine Bake Sale and Cookbook sale at the Co-op, 10 a.m. to 9 p.m.

Tuesday, Feb. 11 — Regular School Board meeting of School Dist. No. 88 (Terrace) will be held at the School Board office, 3211 Kenney St. Parents and interested public are cordially invited to attend.

Saturday, Feb. 15 — A puppet show, 'The Paperbag Princess' will be shown at the Terrace Public Library at 2 p.m. Everyone is welcome and admission is free. For more information, call the library, 638-8177.

Sunday, Feb. 16 — The Kinetite Club of Terrace third annual Senior Citizens' Sweetheart dinner and dance. Doors open at 4:30 p.m., dinner at 5 p.m. Open to all seniors. Please call to register (and indicate if transportation is required) 635-9788 or 635-6791.

Monday, Feb. 17 — Terrace Coffeehouse is holding its annual general meeting at 7:30 at Don Diego's. For more information, ph. Lori Merrill, 635-9533 or Greg Frezell, 638-8623. New members are welcome.

Tuesday, Feb. 18 — Prenatal classes at Mills Memorial Hospital starts a 6-week session, 7 to 9 p.m. Registration and information at the public health unit.

Thursday, Feb. 20 — Annual general meeting of the Terrace Public Library Assoc. will be held at 7:30 in the library meeting room. Elections to the board of trustees will take place and nominations for these positions will be accepted from the floor. Refreshments will be served.

Monday, Feb. 24 — Terrace Coffeehouse presents Stephen Fearing in a dinner concert at Don Diego's. Ph. Lori Merrill, 635-9533 or Greg Frezell, 638-8623 for more information.

Feb. 27, 28 & Mar. 1 — In conjunction with the B.C. Winter Games, a Winter Games Craft Sale is being organized. All crafts people are urged to come and display and sell their work and show the people of B.C. the talent in our area. Anyone interested, please ph. 635-9960.

Saturday Mar. 15 — Terrace Royal Bank staff is holding a Benefit Dinner and Dance at the Elk's Hall to raise money for the purchase of diagnostic equipment for B.C. Children's Hospital. A talent contest is being planned and groups or individuals wishing to enter can obtain entry forms at the Royal Bank, Terrace. Deadline is Mar. 1. Prizes will be awarded in various categories. Tickets can also be obtained at Royal Bank. For further information, ph Helen McInnes, 635-7117.

Saturday, Mar. 22 — Thornhill Primary School Flea Market, 9 a.m. to 1 p.m. at the Thornhill Community Centre. Tables are available. Ph. 635-7066

Smithers is organized for games

It's "Northern B.C. Winter Games" time once again with Smithers hosting more than 2,000 athletes and officials for 23 events running Feb. 6 to 9.

The games' torch has already arrived from Kitimat, site of the 1985 games, and preparations are near completion for all aspects of this annual event.

Now, before we get into details, please understand that the northern winter games are separate from the B.C. Winter Games.

The northern games

are strictly for athletes from northern communities. The B.C. games are a major province-wide series featuring athletes from all over British Columbia.

Terrace is hosting the B.C. Winter Games from Feb. 27 to March 2.

Included in the Northern Winter Games' social agenda is an adult dance on Feb. 8 at St. Joseph's auditorium — an "invitation only" banquet prior to the dance at St. Joseph's, and a hospitality room at the Kin Hut.

Following is the list of sports: archery, backgammon, junior and senior badminton, bantam and oldtimers' hockey, senior and junior basketball, bowling, bridge, chess, cribbage, curling, darts, downhill and cross-country skiing, figure skating, gymnastics, indoor soccer, judo, table pool, snowmobile racing, table tennis, volleyball and wrestling.

Closing ceremonies are set for the arena at noon on Sunday Feb. 9.

Ice hockey

TERRACE — In Terrace, Minor Hockey Pee Wee Division on Saturday, Feb. 15, Thornhill Grocery takes on Rotary and Williams plays against Finning.

Police

Five Terrace residents were arrested for being drunk in a public place on Sunday Feb. 2.

SALLY FORTH



BY GREG HOWARD



THE RYATTS



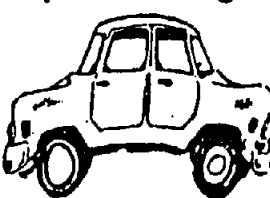
BY JACK ELROD

MARVIN



BY TOM ARMSTRONG

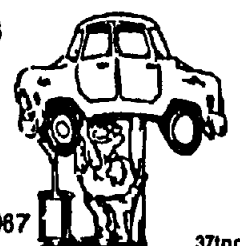
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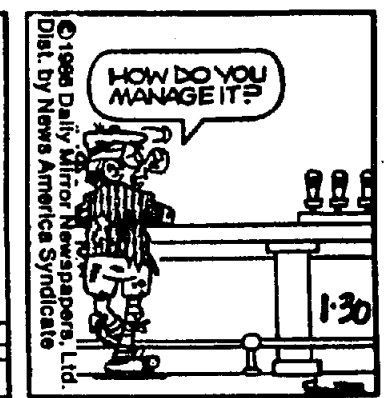
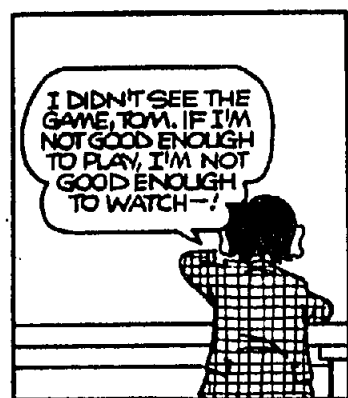
3220 River Drive, Terrace, B.C.

635-6987



37inc

ANDY CAPP



BY REGGIE SMYTHE

B.C.



BY JOHNNY HART

FRED BASSET



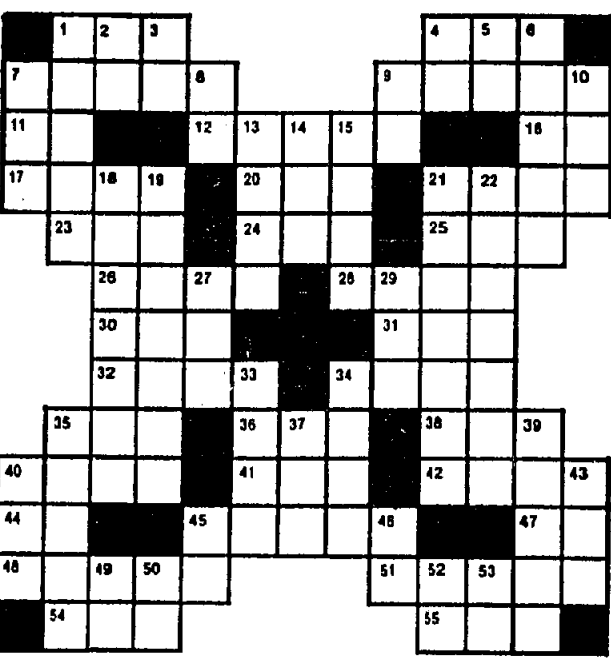
BY ALEX GRAHAM

TILDEN 635-6855
Located beside the Dairy Queen on Lakelse Ave.
SPECIAL ICBC RATES
So Low You Wouldn't Believe it
Last week we accepted 100% of all reasonable offers.

weekly crossword

Last week's solution

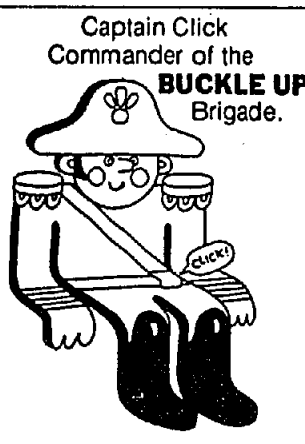
ACROSS	DOWN
1 Young bear	44 Article
4 Grape	45 False gods
7 France	47 Sodium: symbol
9 Speak	48 Type of heron
11 Part of "to be"	51 Colors
12 Later	54 Even: poetic
16 You: Sp.	55 Two: Sp.
17 Skillful	1 Receptacles
20 Help	2 Out of bed
21 Actual	3 Part of "to be"
23 Observe	4 Abraham's birthplace
24 Youngster	
25 Auntie	
26 Record	
28 Amount: abbr.	
30 Cert. Pub.	
32 Accountant	
31 Devour	
32 Possess	
34 Great Lake	
35 Offensive	
36 Viet Nam	
38 Age	
39 Depression-era agency	
40 Avoid	
41 Manner	
42 Cozy	



Classified Ads

*'The Best Way
to Buy and Sell!'*

Animals	16	House Trailers	32	Pets	16
Announcements	2	Legal notices	35	Property	33
Apartments	19	Livestock	16	Real Estate	33
Auto: Cars	25	Lost & Found	7	Recreational Vehicles	29
Trucks	26	Machinery	21	Rentals	19
Boats	20	Marine	20	Room & Board	19
Business Opportunities	12	Memorial notes	4	Sales (Garage, Yard)	17
Business Personals	10	Misc. for sale	8	Snowmobiles	28
Cars	25	Mobile Homes	32	Thank-you notes	6
Employment Opportunities	11	Motorcycles	27	Trucks	26
Employment Wanted	15	Notices	3	Volunteer Opportunities	14
Found	7	Obituaries	5	Wanted Misc.	9
For Rent Misc.	19	Opportunities:		Wanted to Rent	18
For Sale Misc.	8	Volunteer	14	Work Wanted	15
Garage Sales	17	Business	12	Yard Sales	17
Homes for Rent	19	Employment	11		
Homes for Sale	33	Personal	1		



19 For Rent

Spacious, Clean and QUIET!

Huntington Apartments

is now taking applications at the corner of Walsh and Kenney for Feb. 1 occupancy.

- fridge, stove, drapes, w/w carpet, double sink
- free parking
- walking distance to Skeena Mall and bus stop
- near schools, theatre, store & recreation ground
- security system and on-site management
- references required

Come for a view. You'll enjoy our residence in an excellent location.

Call Elaine — 638-1748

4934 Davis Ave., Terrace, B.C.

etnc

3 Notices

The annual general meeting of the Terrace Public Library Association will be held on Thursday, Feb. 20, at 7:30 p.m. in the library meeting room. Elections to the board of trustees will take place and nominations for these positions will be accepted from the floor. Refreshments will be served. 08c

Kalum Family Day Care has openings. Fenced yard, pets and toys. Ages newborn to 12 years. Full-time, part-time or drop-in available. Phone 638-8429 or 638-8398. 02tns

7 Lost & Found

Found: a set of keys at 4535 Greig Ave. Owner can claim at the Terrace Review (at that address) upon identification. 06nc

8 For Sale Misc.

Cardboard boxes, 17x22x5 inches. Special price 20¢ each. Phone 635-7840 between 8:30 and 5. tns

Aluminum plates for sale. 21.6x25.6 inches. Ideal for roofing barns and sheds. 35¢ each. Phone 635-7840 between 8:30 and 5. tns

Regal representative invites your calls. Phone 638-8398 or 638-8429. 06tns

"The Stone of Love." A perfect gift for Valentine's Day. Rhodonite is a beautiful rose-colored B.C. gemstone available in jewellery and carvings at Northern Light Studio, 4820 Halliwell Ave., Terrace. 638-1403. 07c

Office Furniture For Sale

Desks, chairs, tables, etc. Call FBDB, 635-4951, ask for Len Winter. 07c

G.E. 16 cu. ft. freezer, excel. cond. \$350 obo. 635-5903 after 6. 07p

ON CALL WORKERS REQUIRED

Residential Workers for Mentally Handicapped
Northwest Professional Support Services

On call work may lead
to permanent part time work
638-8039 or 635-9800 for further information

Resumes to:
Box 126, Terrace, V8G 4A2

APPLICANTS SHOULD SUBMIT RESUMES IMMEDIATELY

Behind the eight ball? Here's your cue;
Want Ads will work for you.

19 For Rent

"Best in Town"

Summit Square Apartments

One bedroom **\$325** per month

- ✓ Attractive, spacious, with storage room
- ✓ Colored appliances and fixtures
- ✓ Beautiful cupboards, double stainless sinks
- ✓ Large balconies with screened patio doors
- ✓ Laundry facilities

Two bedroom **\$360** per month

- ✓ Security enter-phones and deadbolts
- ✓ Fully draped and co-ordinated to wall-to-wall carpets
- ✓ Six-channel satellite TV
- ✓ Raquet courts
- ✓ Ample parking

Phone 635-5968 (References required)

42inc

11 Employment Opps.

Babysitter required: Mature woman with own transp. to care for 3 children in my home. Ph. 638-8425. 07p

15 Work Wanted

Will do housework, days, evenings and weekends. \$7 per hour. Experienced, reliable, references available. Phone 638-8429 or 638-8398. 06tns

Employment wanted: Will do your income tax. experienced fast and efficient. \$10 and up. Phone 638-8429 or 638-8398. 07c

Editor's Quote Book

A hungry people listens not to reason, nor cares for justice, nor is bent by any prayers.

Seneca

In horse-shoe area: clean 2-bedroom basement suite with fridge & stove. Separate entrance. References and damage deposit required. For further information phone 635-2548. 06c

Two-bedroom house in Thornhill, close to Copper-side school. Electric heat, w/d hook-up. Available immediately. \$320 per month. 638-1510. 08p

3 bdrm. trailer, partly furnished, located in the North Kalum Trailer Court. No pets please. Ph. 638-0791 after 6. 09p

25 Cars

1972 Mustang \$1,500. Phone 638-1832 07p

32 Mobile Homes

1980 14x70' Manco trailer, 7x16' expando, 12x35' veranda, two bedrooms, fireplace, deluxe bathroom, shower stall, five appliances. One owner — no children. Excellent shape. \$27,000. Phone 638-1418 for appointment to view. 06p

Must Sell: 14x70' Manco trailer. 3 bedrooms, washer & dryer, stove and fridge. Call 635-4532 any time. Situated in Pine Park (Thornhill). Includes outdoor shed. \$20,000 or best offer. 07p

3 bdrm. trailer partly furnished, located in the North Kalum Trailer Court. No pets please. Ph. 638-0791 after 6. 07p

35 Legal



Province of
British Columbia
Ministry of
Transportation
and Highways

TERRACE HIGHWAYS DISTRICT PUBLIC NOTICE

Load Restrictions

Pursuant to Section 28 of the Highway Act and the Commercial Transport Act, the following load restrictions in the Terrace Highways District are hereby imposed effective 8:00 a.m., Sunday, January 26, 1986.

Highway No. 16 from Terrace to Prince Rupert shall be restricted to 100 percent legal axle weight.

The percentage of tolerances provided under Section 7.06 (2) of regulations pursuant to the Commercial Transport Act are applicable.

All overload permits are invalid for the duration of this restriction.

W.E. Stanley
District Highways Manager,
Terrace.

For: Minister of
Transportation and Highways.
Dated January 22, 1986 at Terrace, B.C. 06c

Province of
British Columbia

Useful Spice

Anise is a spice used principally in the manufacture of liqueurs. Anise seed is also important in the preparation of certain cookies, cakes, breads and sauces.

Clear Air

Small bowls of herb vinegar in each corner of a room can help clear smoky, stuffy air.

Skiers! Ski cabin for sale

on
Hudson Bay
Mountain

For pictures or to view,
contact:

T. Johnston

R.R. #1,

Telkwa, B.C.,

Ph: 846-5838

07c

If your
ceilings
are getting
dingy looking,
have them
professionally
repainted or
re-sprayed &
textured.

**Call
Earl**

635-5352

07

Classified Ad Form: deadline is Friday, 4 p.m.

As a public service, the Terrace Review will print free of charge any ad offering to share something with the community (e.g., rides, child care, free items). In addition, there will be no charge for "Lost and Found" or for ads placed by individuals seeking work.

All other normal word-type classified ads will be published for a maximum of two consecutive weeks at a cost of two dollars. We must limit ads to 30 words. This policy does not apply to display ads, which are \$4 per column-inch. The editor has the right to edit or reject any ad.

Please send, deliver or phone your ad to 4535 Greig Ave., Terrace, B.C. V8G 1M7 — 635-4339. Please send payment by cash or money order — the "Honor System" will apply as we will not send bills.

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					25
					30

Books for adults

by Andrea Deakin

It is frustrating, to say the least, to have lived long enough to see The Comet and have it appear in so undistinguished a size and so inadequate a location—at least for us in the north. However, if the weather co-operates, and you have even a good pair of binoculars it is still possible and "Astronomy" magazine has diagrams, issue by issue, to help you find it in our skies. Even if we cannot see it very well, there are still a good many books, some of them very well done, to fill us in on the background of Halley's Comet and comets in general.

Edmond Halley never lived to see the comet whose return he predicted, but a group of members in the Halley's Comet Society have been preparing since August 1975 for their view. Brian Harpur, the founder of the society, has put together the 'Official Halley's Comet Book' (Hodder and Stoughton / General Publishing: \$22.50).

It is a lively, readable collection of facts and fantasies concerned with the comet, a description of Halley's life and work, a compilation of major world events coinciding with the appearance of the comet since 240 B.C., and a fascinating account of public reaction to the comet's appearance in 1910. There were real fears that the comet might strike the earth or that life would be snuffed out by the poisonous gases in the comet's tail. On the other hand, entrepreneurs were not slow to take advantage of the publicity generated by the comet, and it was linked to everything from pens to soap and custard.

Nigel Calder was the winner, in 1972, of UNESCO's Kalinga Prize for the popularization of science. He writes entertainingly and with authority, seeking to bring the

latest scientific knowledge to the public in various books and programs on science which he has devised for the BBC. "In 'The Comet is Coming' (Penguin: \$7.95) he takes his readers through a history of the comet, and Edmond Halley, discusses the nature of comets and the theories about their evolution and motion, their theorized role as carriers of life and disease—a belief of Fred Hoyle and Wickramasinghe, and their possible responsibility for the death of the dinosaurs. The book is packed with information and well-illustrated in black and white and color.

The coffee table book of Halley 1986 is Carl Sagan and Ann Druyan's excellent, beautifully illustrated "Comets" (Random House of Canada: \$35.50). Sagan is another great science communicator. He begins this survey of comets with an imaginative journey through space astride one. The book details the myths and portents that have arisen about them throughout the world and discusses the scientific research which has gone into understanding them. There is an account of the various attempts to rendezvous with Halley's Comet on this approach. This is fascinating reading and it has been very effectively, often beautifully, illustrated in both black and white and color. This is the best souvenir of Halley 1986.

Lastly, for children, there is a very good little paperback by science writer, Franklyn M. Branley, which explains for youngsters 4 to 8 years of age, what comets are, how they enter the solar system, who Halley was and why he is connected with this comet, and where they can look in the sky to find it. Clear, concise and well illustrated, "Comets" is published by Harper Trophy (Fitzhenry and Whiteside: \$5.95).

by Patrick McIntyre & Phillip Musselman

Sponsored by
Video Station
— Terrace —

Video Views is basically a movie review article based on the four-star method of rating movies (four stars being the best and one star being the worst).

At the end of each review we have a few extra titles and given them a rating. We will now also supply the MPAA Rating (G, PG, PG-13, R) to allow viewers to find subject matter which is suitable to the family.

Kagemusha: The Shadow Warrior

Rated PG
Time 159 min.
Released 1980

Starring: Tatsuya Nakadai (Shingen and Kagemusha), Tsutomu Yamazaki (Nobukado), Kenichi Hagiwara (Katsuyori), Jinpachi Nezu (Bodyguard), Shuji Otaki (Fire General).
Director: Akira Kurosawa

Producer: Kurosawa and Tomoyuki Tanaka
Screenplay: Kurosawa and Masato Ide

Introduction

Kagemusha is about thief who must impersonate the head of a powerful clan in feudal Japan. We learn that he must fool everyone, except for a handful of dignitaries who know that the real Shingen (Tatsuya Nakadai), the clan leader, is really dead.

If this secret ever got out, the clan would col-

apse at the hands of Shingen's enemies. As long as the clan leader (Shingen), who was also known as the Mountain, was believed to be alive, his troops would fight to the death for him.

Patrick McIntyre views

Kagemusha: The Shadow Warrior is quite simply a fine movie. The power of Akira Kurosawa is infinite. The images of feudal Japan are beyond measure.

It is a movie of shadows, for as the shadow of the man cannot leave the man, nor can the son ever remove himself from his father's shadows.

The thief's actions are constantly enveloped in irony, for his actions must be perfect. If he, for one second, fails to be convincing as Shingen, the illusion is destroyed.

Thus, every scene is filled with stress and anxiety as we watch the thief attempt to make the right decisions to give the impression of the immobile power of the clan leader.

The goals of the clan leader's existence become the goals of Shingen's closest advisors and, eventually, even the thief's. Finally, the shadow of the dead lord, that has shaded them all, crumbles—causing the eventual tragedy.

If you enjoy Japanese culture, you must see this film. You will learn more from Kagemusha on the Japanese honor system, costume, etc. than from many other movies.

And if you like quality

motion pictures, you should not miss the opportunity to view this foreign masterpiece. Cinema doesn't get much better than this—even with subtitles.

Rating: ★★★★★

Other movies

Lifeforce: (R) ★★½

The Man With Two

Brains: (R) ★★

The Natural: (PG)

★★★★

Sixteen Candles:

(PG) ★★

This is Spinal Tap:

(R) ★★

Phillip Musselman views

Kagemusha, is a fine example of a movie that educates the viewers about cultures of which many people are not very knowledgeable. This film circulates the principle of clans and their tremendous influence in feudal Japan.

Being of a different nature, this film begins to approach normal predicaments in a less subtle manner.

I found the dedication that was shown toward shadows quite influential even after death. The morals taught by that

parent tend to follow the son, in this case, like a shadow.

The Japanese are obviously very emotional actors and the subtitle arrangement seems to intensify this.

I found this film tended to resemble a play due to some intentionally over-utilized sets. I couldn't help thinking back to such scenes evident in the *The Tempest*.

The thief (Tatsuya Nakadai), who impersonates the clan lord, is a very powerful character who teaches viewers a thing or two about Japanese honor.

Overall I would stress this movie a must-see because it succeeds in its teachings, although one must pay close attention to the movie or be left in the dust to wonder who's who.

Rating: ★★★★★

Other movies

Lifeforce: (R) ★★

The Man With Two

Brains: (R) ★★½

The Natural: (PG)

★★★★

Sixteen Candles:

(PG) ★★

This is Spinal Tap:

(R) ★½

MULTIPLY PROFITS USE THE CLASSIFIEDS



District of Terrace

Applications are invited for the position of:

Director of Public Works District of Terrace

Under the direction of the Municipal Engineer, the incumbent will be a member of the management team, responsible for staff supervision and the efficient operation of the Public Works Department, providing reliable performance in all management, administration and engineering functions, ensuring all work is carried out in accordance with recognized practices and established municipal and safety policies. The Director will serve as the Acting Municipal Engineer during the absence of the Municipal Engineer.

University graduation in a related discipline is preferred, plus extensive experience in the management, co-ordination and administration of a Municipal Public Works Department. Must have a sound knowledge of the methods, materials, tools and equipment used in the construction, maintenance, repair and servicing of the Public Works projects, including familiarity with computer applications related to water, sanitary and storm sewer network systems. Good health, excellent interpersonal and communication skills, and a valid driver's licence are essential.

Salary range \$42,000 to \$45,000 — open to negotiation — and a liberal fringe benefit programme are offered. Please send written applications, including resume and references, postmarked not later than Friday, February 21, 1986 to:

E.R. Hallor,
Clerk-Administrator,
District of Terrace
#5-3215 Eby Street,
Terrace, B.C.
V8G 2X8

07c

We have it all!

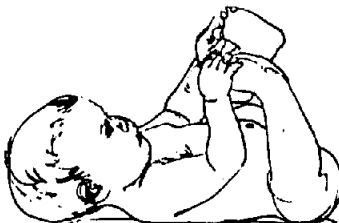
Everything you
require for comfort
& healthy living



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- ★ Cosmetics
- ★ Dental needs
- ★ Hand lotions
- ★ Perfumes
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- ★ Decongestants
- ★ Cough syrup
- ★ Throat lozenges
- ★ Chest rub
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fully qualified
prescription
service



It's all at

Terrace Drugs

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No vehicle?

Do you have problems with picking up prescriptions, groceries, appliances or anything else? For all your moving and delivery needs, phone for experienced and speedy service.

Grocery pickup from
Safeway:
1:30 & 5 p.m. daily
Plus: 8:30 p.m. Thurs. & Fri.

Only \$4

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Compliments of
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Chimo Delivery
638-8530

Games create improvements

TERRACE — The 1986 B.C. Winter Games are several weeks off but the benefits to this area are already being calculated. Many of the benefits will come in the form of sports equipment and improvements to existing facilities.

Equipment to be left with sport groups or with the facilities include:

Alpine Skiing — electronic timer, race poles, \$7,900; Judo — mats, \$3,300; Gymnastics — landing mats, springboard, beampad, \$3,200; Badminton — nets, standards, birds, \$2,578; Basketball — 30-second clock, balls, \$2,290.

Volleyball — standards, referee stands, nets, balls, \$2,153; Weightlifting — olympic class weights, \$2,100; Curling — measuring device, ice cleaning equipment, \$814; Netball — standards, balls, \$809; X-Country Skiing — score huts, bibs, \$350; Wrestling — anklets,

repair kits, \$350; and Hockey — pucks, \$220.

Improvements

Added to the equipment to stay in the communities of Terrace, Kitimat and Thornhill are facility improvements. The Terrace Winter Games Society is contributing \$32,000 to facility improvements as follows:

30 sets of portable bleachers, \$12,000; upgrading of arena lights, \$10,000; Thornhill Community Centre stage, \$2,500; work on X-country ski trails, \$1,500; and a weightlifting platform, \$500.

Included in the \$32,000 is a donation of \$5,500 from School District 88 for various improvements to school facilities.

Pacific Northern Gas has contributed heaters for the arena valued at \$10,000. The Rotary Club of Terrace has added an additional \$10,000 towards the arena lighting.

Following the games, a legacy will be left in the community to be spent on amateur sports. The exact amount is as yet unknown, but it will consist of at least \$70,000 plus one-half of the profits generated through souvenir sales. Where these funds are to be spent is as yet to be decided.

Along with these direct benefits to local sports is the money to be spent in the community by athletes and spectators. Local hotels, restaurants, and retail outlets will undoubtedly be busy sites throughout the games resulting in a healthy monetary influx into the community.

The one guaranteed result of the 1986 B.C. Winter Games is that amateur sport and the community at large will reap great benefits.

In Terrace court

On Thursday, Jan. 23 Robert Brown was given a two month jail sentence for failing to comply with regulations of the law while at large. Brown was also given a 14-day jail sentence Thursday, Jan. 23 for an offence relating to a peace officer.

On Friday, Jan. 24 Christopher Porter was



Students claim smoke-free space

Jan Staebell (center), area coordinator for the B.C. Heart Foundation, presents a plaque and flag to Christian school students.

School is smoke-free

TERRACE — Centennial Christian School has joined the ranks of so many others by providing a smoke-free space for its kids!

Smoke-free Spaces for Kids is the B.C. Heart Foundation's program to provide incentive awards to areas that are either wholly or partially smoke-free.

by Jan Staebell
Area Co-ordinator
B.C. Heart Foundation

The program began last year in schools on Vancouver Island and in the Lower Mainland. It was very successful and was opened to the entire province this fall.

Centennial Christian School became the first school in the Pacific Northwest to claim a "Smoke-Free Spaces for Kids" flag and plaque, the prize for being smoke-free!

Research has shown that children are less likely to start smoking if peers and older siblings don't smoke. Smoke-free spaces not only gives non-smoking children air, it provides one less area where their behavior can be influenced by smokers.

All areas where young people gather are eligible for an award, if the area is either partly or entirely

free of smoking spaces. Join Centennial Christian School and the Heart Foundation, and

create a generation of non-smokers by providing Smoke-Free Spaces for Kids!

35 Legal



Province of
British Columbia
Ministry of
Environment
Waste Management Branch
File No. AA-7188

Application for a Permit under the Waste Management Act (Emissions)

This application is to be filed with the Regional Waste Manager, 3728 Alfred Avenue, Bag 5000, Smithers, British Columbia, V0J 2N0. Any person who may be affected by the discharge of the waste described below may, within 30 days from the last date of posting, publication, service or display, state in writing to the Manager how he is affected. Preamble — The purpose of this application is to seek emission permit for a mobile asphalt plant which will operate initially in Terrace, B.C. and later at various locations throughout British Columbia.

1. We, Terrace Paving Ltd. of No. 3, 4823 Park Avenue, Terrace, British Columbia V8G 1V5 hereby apply for a permit to discharge or emit contaminant(s) into the air from a Barber-Greene drum-mix asphalt plant and associated diesel generator, asphalt heater located initially at 5830 Yellowhead Highway No. 16, Terrace, B.C. and give notice of application to all persons affected.

2. The land upon which the works are located is D.L. 1705 except Grand Trunk Pacific (now known as Canadian National) Railways' right-of-way, Range 5, Coast District.

3. The discharge or emission shall be located at 100 m east of Bell Pole Saw Mill.

4. The rate of discharge is (dry basis): (a) Maximum 280; duration 12 hours/day; frequency once a day; (b) Average daily (based on normal daily operating period), 280 mol/s. The operating period during which contaminants will be discharged is 12 hours a day, 6 days a week.

5. The characteristics of the contaminant(s) to be discharged are as follows: Total Particulates: Non-remote areas 5.5 mg/mol; Remote areas 8.3 mg/mol; Typical combustion products of diesel fuel and propane.

6. The type of treatment to be applied to the contaminant(s) is as follows:

For non-remote areas: a stack, an approved scrubber or equivalent and related appurtenances;

For remote areas: a stack and related appurtenances.

This application, dated on January 28, 1986, was posted on the ground in accordance with the Waste Management Regulations.

Let's hear it for HERITAGE! ESSAY CONTEST



As part of Heritage Week, February 17-23, 1986, this newspaper, the B.C. Heritage Trust, and the Heritage Society of B.C. are supporting a province-wide essay contest.

Heritage—what does it mean to you? Tell us and you may win one of ten \$50.00 prizes in either of two categories:

Category 1: Age 8-13 years, up to 400 words.

Category 2: Age 14-18 years, up to 1000 words.

All B.C. residents in these age groups are eligible.

Entries MUST be received by March 17, 1986, to qualify. All entries become the property of the Heritage Society of B.C.

TO ENTER: Send your entry to the address below, double-spaced on 8½ x 11" paper and with your name, age, address and phone number in the upper right corner of each page. A panel of judges selected by this newspaper will choose the best entries in each category and forward them to the Heritage Society of B.C. for final judging. The winners will then be contacted by mail and will be announced here! Send your essay now to:

**Terrace Review
4535 Greig Ave.,
Terrace, B.C.
V8G 1M7**

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Honourable James R. Chabot,
Provincial Secretary and
Minister of Government Services